

CURRICULUM VITAE

Leeza Camilo, PsyD

Institute for Life Renovation, LLC

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CURRENT POSITION

Institute for Life Renovation, LLC

September 2025- Present

Postdoctoral Psychology Resident

The Institute for Life Renovation, LLC (ILR) is a JCAHO-accredited Intensive Outpatient Program delivering evidence-based, multidisciplinary care to individuals with complex clinical presentations. Treatment planning integrates comprehensive clinical interviews, psychological assessment, and team consultation. Services include individual, group, and family psychotherapy, psychiatric medication management, career counseling and assessment, nutrition and dietitian support, art therapy, and yoga. ILR also operates a fully adherent Dialectical Behavior Therapy (DBT) program with 24-hour coaching and weekly DBT team consultation. Supervisor: Lori Eickleberry, PhD., ABPP

Motivational Institute for Behavioral Health, LLC

September 2025- Present

Postdoctoral Psychology Resident

The Motivational Institute for Behavioral Health, LLC offers integrated behavioral medicine and psychological services, including psychoeducational assessment and psychotherapy. Clinical services include individual, couples, family, and group therapy as well as comprehensive psychological evaluations. Responsibilities include delivering psychotherapy to children, adolescents, young adults, and families. Supervisor: Lori Eickleberry, PhD., ABPP

EDUCATION

Doctor of Psychology PsyD, Clinical Psychology

August 2020- June 2025

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL, American Psychological Association. Accredited Clinical Psychology Program.

Master of Arts (M.A.), awarded June 2023

Directed Study Title: A Literature Review on Treatment Options and Effectiveness for Anorexia Nervosa in Adolescence.

Master of Social Work, MSW

January 2018- May 2019

New York University, NYU Silver School of Social Work,
New York, NY.

Bachelor of Arts, BA, in Psychology

August 2013-May 2017

Major: Psychology, Minor Entrepreneurship.
Rutgers University, New Brunswick NJ.

CLINICAL PRACTICA AND INTERNSHIP EXPERIENCE

Miami-Dade County Community Action and Human Resources Department, (CAHSD) Miami, FL.

Psychology Intern (Pre-Doctoral)

August 2024-August 2025

Responsibilities: Providing individual and group therapy to adults at New Direction Residential Treatment Facility using evidence-based practices for treatment of co-occurring mental health and substance use disorders. Providing therapy and assessment services for children ages 3-5 years old in Head Start rotations. Conducting supervision of a practicum student using developmental model of supervision and providing trainings for residential and Head Start staff. Supervisors: Tiffany Amrich, PsyD, Shari Ann Picart-Mullings, PsyD

Child and Adolescent Mood and Anxiety Treatment Program (CAMAT) at the University of Miami, Coral Gables, FL.

Psychology Trainee

August 2023 – April 2024

Responsibilities: Providing individual and group psychotherapy via in-person and telehealth formats for youth using the United Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/ UP-A) which includes elements of both traditional cognitive behavior therapy and newer behavior therapy elements such as mindfulness skills. Delivering individual therapy services using the Comprehensive Behavioral Intervention for Tics (CBIT) as well as conducting intake interviews with youth and their caregivers. Supervisors: Amy Beaumont, PsyD, BCaBA, and Niza Tonarely-Busto, PhD

Nicklaus Children's Hospital. Inpatient Psychiatry Unit and Intensive Outpatient Program. Miami, FL.

Psychology Trainee.

August 2022 – August 2023

Responsibilities: Delivering individual, family, and group therapy in English and Spanish to adolescents in the Inpatient Psychiatric Unit who were admitted due to crises, including suicidal ideation, plan, or intent. Also, as part of Intensive Outpatient Program, facilitating processing groups for adolescents and, separately, for their parents, and DBT skills groups for the families together. Presenting cases at weekly interdisciplinary meetings with patients' treatment teams. Supervisors: Janet Rosen, PsyD, and Laura Bruscantini PsyD

School-related Psychological Assessments and Clinical Interventions, (SPACI), Fort Lauderdale, FL.

Psychology Trainee.

August 2021-August 2022

Responsibilities: Completed comprehensive psychological evaluations for school-related academic, developmental, behavioral, and learning problems. These evaluations included parent and child interviews, behavioral observations, formal test administration, psychoeducational reports, personal feedback to parents, and school consultation as warranted. Supervisor: Nicole Jimenez, PsyD, Ralph Gene Cash, PhD, ABPP, Iryna Kasi PhD

PROFESSIONAL AFFILIATIONS

- American Psychological Association, 2020-Present
- American Psychological Association (Division 12: Society of Clinical Psychology, Division 53: Society of Clinical Child and Adolescent Psychology), 2020-Present

OTHER CLINICAL EXPERIENCE

Coordinated Behavioral Care Pathway Home Program, (Pathway Home), New York, NY.

August 2018-April 2019

Social Work Intern.

Description: Completed intake screenings for adult patients in inpatient units preparing for release from New York State hospitals. Provided Immediate Needs Assessments and services for individuals transitioning from an institutional setting back to the community. Facilitated with providing resources, as well as skill-building and identifying goals to maintain health.

Supervisor: Jacqueline Boenisch, LSW

Lincoln Victim's Assistance Program, Lincoln Hospital, Bronx, NY.

March 2018-August 2018

Social Work Intern.

Description: Provided individual supportive counseling to victims of crime including innocent crimes, elder abuse, domestic violence, and sexual assault. Performed intakes for clients seeking services and provided referrals and counsel. Assisted in co-leading weekly Women's Domestic Violence Group.

Supervisor: Tamar Carathers, LSW

TEACHING EXPERIENCE

Graduate Teacher's Assistant

Fall 2022- Summer 2023

College of Speech Language Pathology, Nova Southeastern University, Fort Lauderdale, FL.

Course: 6091 *Multicultural and Counseling Issues*. Instructed and evaluated students on issues in the provision of services to multicultural populations.

Instructor: Timothy Scala, PsyD

Graduate Teacher's Assistant

Fall 2022- Fall 2022

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

Course: 1501 *Assessment: Intelligence Testing*. Instructed and evaluated students in administration and scoring practices of the Wechsler Intelligence Scale for Children-Fifth Edition, (WISC-V) and Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV).

Instructor: Iryna Kasi, PhD

CLINICAL PRESENTATIONS

- **August 2025:** Camilo, L. and Burke, K. Trauma-Informed Care. Creating a Safe and Supportive Environment for Staff and Residents. (2 CE credits). Miami-Dade County Community Action and Human Services Department. Miami, FL.
- **June 2024:** Camilo, L. and Myers, M. Evidence Based Treatments for Co-Occurring Substance Use and Mental Health Disorders. (2 CE credits). Miami-Dade County Community Action and Human Services Department. Miami, FL.
- **April 2024:** Camilo, L. and White, K. Cultural Competency. (2 CE credits). Miami-Dade County Community Action and Human Services Department. Miami, FL.

- **March 2024:** Camilo, L. and Burke, K. Opioid Use Disorder and Practical Interventions. (2 CE credits). Miami-Dade County Community Action and Human Services Department. Miami, FL.
- **February 2024:** Valls, A., Camilo, L., Aronson, R., Abad, A., Smith, R. P., Fins, A., Tartar, J. Applying a Sleep Extension Protocol Improves Multiple Measures of Emotion Processing. Poster presented at the 5th Annual Society for Sports Neuroscience Conference, Davie, FL.
- **August 2023:** A Literature Review on Treatment Options for Anorexia Nervosa in Adolescence. Research Dissemination. Nova Southeastern University, Fort Lauderdale FL.
- **July 2023:** Projective Testing. Resident Rounds, Nicklaus Children's Hospital, Miami, FL.

RESEARCH EXPERIENCE

Graduate Research Assistant.

September 2022- August 2024

Applying a Sleep Extension Protocol to Increase Gut Microbiome Richness and Diversity
Nova Southeastern University, Fort Lauderdale, FL.

Responsibilities: Interviewing potential participants for project and administering the Structured Clinical interview for DSM-5 Sleep Disorders- Revised (SCISD-R) and Structured Clinical Interview for DSM-5 Disorders Clinician Version (SCID-5-CV).

Supervisors: Jaime Tartar, PhD and Ana I Fins, PhD

Graduate Research Assistant.

November 2021- November 2022

Simulated Patient Assessment, Research, and Collaboration Project (SPARC)
Nova Southeastern University, Fort Lauderdale, FL.

Responsibilities: Coordinated, organized, and managed student information and rating scales gathered during pre-practicum course.

Supervisors: Sarah Valley-Gray, PsyD, ABPP & Ralph E. Cash, PhD, ABPP

PROFESSIONAL DEVELOPMENT

- Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) Clinical Workshop
Sunfield Center for Autism, ADHD, and Behavioral Health, Online Format.
Susi Naguib, PsyD
- Crisis Prevention Intervention (CPI) Nonviolent Crisis Intervention
- Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) Web 2.0, Certificate of Completion
- American Psychological Association: Telepsychology Best Practices 101
- Comprehensive Behavioral Intervention for Tics (CBIT), Certificate of Completion

REFERENCES

- Available upon request