

CURRICULUM VITAE

Beatriz Rodríguez, Psy.D.

Florida Licensed Psychologist, PY 11993

Institute for Life Renovation, LLC

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LANGUAGES

Bilingual in English and Spanish

CURRENT POSITION

Sept. 2023 – Present

Institute for Life Renovation, LLC

Licensed Clinical Psychologist

The Institute for Life Renovation, LLC (ILR) is a JACHO accredited Intensive Outpatient Program that provides personalized intervention for patients with complex needs. Treatment planning is based on an in-depth clinical interview and prescribed psychological testing along with a team consultation to provide a multidisciplinary intervention. Services include individual, group, and family psychotherapy, medication management, career assessment/counseling, dietitian services, art therapy and yoga. ILR houses a fully adherent comprehensive DBT program, complete with 24-hour coaching and ongoing DBT team consultation.

Sept. 2023 – Present

Motivational Institute for Behavioral Health, LLC

Licensed Clinical Psychologist

The Motivational Institute for Behavioral Health, LLC provides behavioral medicine as well as psychological and psychoeducational services. Services include individual, couples, family, and group psychotherapy and psychological evaluations. Responsibilities include providing psychotherapy to children, adolescents, families and young adults.

EDUCATION

Sept. 2022 – Aug. 2023

Department of Psychiatry, Texas Tech University Health Sciences Center (TTUHSC) El Paso, TX

Postdoctoral Fellow

Training Directors: Melanie Longhurst, Ph.D., Nancy Ramirez, Psy.D.

- August 2017 – May 2022 **Doctor of Psychology**
 Xavier University, Cincinnati, OH
 American Psychological Association (APA) accredited
 Master of Arts (M.A.), awarded May 2019
 Dissertation: *Parental Attitudes toward help-seeking behaviors for mental health in the Hispanic Community*
- August 2021 – July 2022 **El Paso Psychology Internship Consortium**, El Paso, TX
 APA Accredited Predoctoral Internship, Expected Completion: August 2022
 Training Director: Jorge A. Marquez, Ph.D.
- August 2013 – May 2017 **University of Florida**, Gainesville, FL
 Bachelor of Science (B.S.) in Psychology
 Major: General Psychology
 Minors: Spanish, and Family, Youth, and Community Sciences
 Honors: *Cum Laude*

GRANTS AND AWARDS

- 2021 **Richard Grant Memorial Distinguished Child Clinical Psychology Graduate Student Award**
The Cincinnati Society of Child Clinical Psychologists, Cincinnati, OH
 In recognition for outstanding achievement in coursework, practicum training, research, and leadership endeavors.
- 2020 **Frank and Catherine Miltz Mini-Grant Award**
Xavier University, Cincinnati, OH
 Awarded dissertation participation reimbursement and personal protective equipment.
- 2019 **General Academic Scholarship Award**
League of United Latin American Citizens, Cincinnati, OH
 In recognition of academic excellence and service in the community.

SUPERVISED CLINICAL EXPERIENCE

- Sept. 2022 – Present **Department of Psychiatry, Texas Tech University Health Sciences Center, El Paso, Texas**
Supervisors: Nancy Ramirez, Psy.D., Vicki H. Thomas, Ph.D.
Postdoctoral Fellow
- Provide evidence-based bilingual psychotherapy to Hispanic children, adolescents, and young adults utilizing principles of Cognitive-Behavioral Therapy, Dialectical Behavior Therapy (DBT), and Acceptance and Commitment Therapy (ACT).
 - Conduct intakes, conceptualize cases, and develop treatment plans while maintaining multicultural competency.
 - Administer diagnostic evaluations and assessment batteries comprised of achievement, intelligence, and adaptive measures as well as semi-structured interviews.

- Conduct evaluations for Autism utilizing the ADOS-2, write integrated reports and conduct feedback sessions with patients and their families.
- Provide brief evidence-based interventions for patients with comorbid psychiatric and general medical conditions through the consultation-liaison rotation at El Paso Children’s Hospital.
- Conduct trauma-focused measures with participants in the Childhood Trauma Research Network.
- Author and review manuscripts and posters as well as organization-wide presentations. Additional responsibilities include attending supervision, leading didactics, and preparing case presentations.

August 2021 – July 2022

El Paso Psychology Internship Consortium (EPPIC), El Paso, Texas

Supervisors: Jorge A. Marquez, Ph.D., Brian J. Sneed, Ph.D

Doctoral Intern

Major Rotation: University of Texas at El Paso, Counseling and Psychological Services

Minor Rotation: Texas Tech University Health Sciences Center El Paso, Child and Adolescent Psychiatry

- Provided evidence-based bilingual psychotherapy to Hispanic children, adolescents, and young adults utilizing principles of Cognitive-Behavioral Therapy, Dialectical Behavior Therapy (DBT), and Cognitive Processing Therapy (CPT).
- Conducted intakes, developed case conceptualization and treatment plans.
- Administered diagnostic evaluations and assessment batteries comprised of achievement, personality, intelligence, semi-structured interviews, and mood measures (e.g., WAIS-IV, Woodcock-Johnson, MMPI-2-RF, BAI/BDI).
- Wrote integrated reports and conduct feedback sessions with patients and their families.
- Provided crisis intervention and risk assessment for crises. Supervised practicum students, including overseeing their documentation and providing feedback regarding clinical skills.
- Prepared and presented workshops for young adults regarding topics concerning mental health (e.g., stress management, anxiety, grief).
- Attended weekly group supervision, case conferences, and prepare case presentations.

July 2020 – June 2021

Cincinnati Children’s Hospital Medical Center, Center for ADHD, Cincinnati, OH

Supervisors: Heather Ciesielski, Ph.D., Richard Loren, Ph.D.

Psychology Trainee

- Administered diagnostic evaluations and assessment batteries comprised of achievement, adaptive, intelligence, and mood measures (e.g., WISC-IV, WIAT-III, KBIT-II, NHICQ Vanderbilt Assessment scales, and Achenbach System of Empirically Based Assessment).

- Conducted semi-structured interviews using the Kiddie Schedule for Affective Disorders and Schizophrenia, Present and Lifetime Version with children and adolescents in an outpatient setting.
- Wrote integrated reports and conducted feedback sessions with children and families.
- Attended weekly group supervision, case conferences, and prepared case presentations.

July 2019 – June 2021

Central Clinic Child and Family Treatment Center, Cincinnati, OH
Supervisors: Erin Kennedy, Ph.D., Maria Piombo, Ed.D., LPCC-S
Psychology Trainee

- Provided evidence-based bilingual psychotherapy to Hispanic children and families in an outpatient clinic and in a school setting utilizing principles of CBT, Play Therapy, Trauma-Focused CBT (TF-CBT), and DBT.
- Conducted intakes, conceptualized cases, and treated a range of presenting problems including PTSD, depression, anxiety, ADHD, and ODD.
- Administered assessment batteries comprised of intelligent, achievement, mood, and adaptive measures (e.g., WAIS-IV, WIAT-III, RCMAS-2, Vineland-III, TSCC).
- Wrote integrated reports and conducted feedback sessions with children and families.
- Attended bi-weekly case conferences and staff meetings, and prepared case presentations.

Sept. 2019 – May 2020

University of Cincinnati Health Division of Bipolar Disorders Research, Department of Psychiatry and Behavioral Neuroscience, Cincinnati, OH
Supervisor: Erin Thase, Ph.D.
Psychology Trainee

- Conducted semi-structured interviews using the Kiddie Schedule for Affective Disorders and Schizophrenia, Present and Lifetime Version with children and adolescents in both outpatient and inpatient settings who presented with a variety of presenting problems (anxiety, depression, bipolar disorder, etc).

July 2018 – July 2019

UC Health Family Guidance Clinic, University of Cincinnati, Department of Psychiatry and Behavioral Neuroscience, Cincinnati, OH
Supervisor: Peter A. Dillon, Ph.D.
Psychology Trainee

- Provided psychotherapy to individuals across the lifespan in an outpatient clinic utilizing principles of CBT, Narrative Therapy, Play Therapy, and CBT for Insomnia (CBT-I). Presenting problems included depression, anxiety, panic disorder, PTSD, and grief. Attended weekly didactic sessions (e.g., Family Therapy, ADHD, Learning Disorders, etc.) and prepared case presentations for group supervision.

RELEVANT WORK & SERVICE IN THE COMMUNITY

- August 2019 – July 2021 **Su Casa Volunteer**
Su Casa Hispanic Center, Catholic Charities of Southwestern Ohio, Cincinnati, Ohio
Assisted with adult educational classes, health promotion services, and bilingual case workers. Assisted with filing, data entry, mail, and clerical duties. Aided immigrants and their families by scheduling appointments for staff and volunteer attorneys.
- August 2017 – May 2018 **Graduate Assistantship**
School of Psychology, Xavier University, Cincinnati, OH
Supervisor: Stacey Raj, Ph.D.
Provided research, teaching, and administrative support. Teaching responsibilities included guest-lecturing for an introductory psychology course, holding office hours, and grading assignments.
- June - August 2015 **Clinical Assistant**
Clinical Psychology Associates of North Central Florida, Gainesville, Florida
Supervisor: Ernest J. Bordini, Ph.D.
Translated articles on the clinic's website from English to Spanish, filed cases, organized patients' diagnostic forms, and wrote an article on the comorbidity between pediatric bipolar disorder and attention-deficit/hyperactivity disorder as a capstone project.
- August 2014 – July 2015 **Homework Club Volunteer**
The Salvation Army Homework Club, Gainesville, Florida
Organized group activities assisted children (ages 7-11 years) from low-income backgrounds with homework and monitored academic progress throughout school year.
- August 2014 – July 2015 **Child Life Program Volunteer**
Child Life Program, University of Florida Shands Hospital, Gainesville, Florida
Supported families and played with children experiencing a range of pediatric conditions such as autism spectrum disorder and speech/motor disabilities.
- May 2011 – July 2013 **Rehabilitative Services Volunteer**
Rehabilitative Services, Nicklaus Children's Hospital, Miami, Florida
Assisted occupational, physical, and speech therapists during sessions, and supported family members.

RESEARCH EXPERIENCE

- Sept. 2022 – Present **Childhood Trauma Research Network (CTRN)**
Division of Psychiatry, Texas Tech University Health Sciences Center, El Paso
Principal investigators: Charles Nemeroff, M.D., Cecilia DeVargas, M.D.
Conduct trauma screeners and structured interviews with participants. Attend weekly research meetings and prepare manuscripts for publication. Prepare poster presentations and attend national conferences.
- August 2020 – Jan. 2022 **Dissertation: Parental attitudes toward help-seeking behaviors for mental health in the Hispanic community**

Defended: 01/26/2022

Aims: Examine Hispanic parental attitudes towards mental health help-seeking as well as possible differences in help-seeking for mental and physical health concerns (i.e., depression, ADHD combined type, and stomach flu). Explore whether acculturation, familism, and spirituality moderate the relationship between parental attitudes and help-seeking behaviors, such as service selection.

Sept. 2017 – August 2020 **Road to Recovery Research Team**

Division of Physical Medicine and Rehabilitation, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio

Principal investigators: Shari Wade, Ph.D., Stacey Raj, Ph.D., & Matthew Schmidt, Ph.D.

Developed a web-based program for parents of children who have sustained a traumatic brain injury (TBI). Responsibilities included developing content for the website and supporting usability testing with caregivers of children who have sustained a TBI.

August 2015 – July 2017 **Language and Cognitive Development Lab**

University of Florida, Department of Psychology, Gainesville, Florida

Principal investigators: M. Jeffrey Farrar, Ph.D. & Andreas Keil, Ph.D.

Developed visual stimuli in the form of cartoon stories. Collected data using electroencephalography (EEG) to measure participants' neurological activity while they answered questions that assessed the concept of false belief. Presented literature reviews during individual and lab meetings.

PUBLICATIONS

Fredrick, J.W., **Rodriguez, B.**, Lynch*, J.D., Loren, R.E.A., & Tamm, L. (in press). Differential diagnoses of irritability and temper loss in a 6-year-old. *Clinical Child Psychology and Psychiatry*. Impact factor: 2.544.

Rodriguez, B., Lynch, J.D., Ciesielski, H. (in press). Parent training. In Matson, J.L. (Ed.) *Handbook of Child Clinical Psychology: Theory to Practice*. Switzerland: Springer Nature.

Raj, S. R., Schmidt, M., Moscato, E., Guzman-Gomez, A., **Rodriguez, B.**, Seid, C. & Wade, S. (2021). *Road-to-Recovery-TBI: Pilot trial of an eHealth intervention for caregivers after Pediatric Brain Injury*. *Clinical Practice of Pediatric Psychology*, 9(2), 167-179. doi: 10.1037/cpp00003

PRESENTATIONS & POSTERS

Rodriguez, B., De Vargas, C., Chanoi, C., Mulla, Z.D., Carrasco, V., and Fornelli, A. (2023, April 13-16). *The Role of Acculturation in Suicidality for Hispanic Youth Experiencing PTSD*. [Poster presented at Anxiety and Depression Association of American Conference, Washington D.C.].

Gonzalez, J., **Rodriguez, B.**, Powell, K., Pinero Melendez, M., , Sargent, J., & Marquez, J.A. (2022, May). *Student's Views on Counselor's Multicultural Orientation*. [Poster presented at The University of Texas at El Paso Student Affairs Annual Assessment Symposium, El Paso, Texas].

Rodriguez, B., Infante, R., & Raj, S. P. (2021, October, 15-16). *Parental attitudes toward help-seeking behaviors for mental health in the Hispanic community.* [Poster presented at National Latinx Psychological Association, Virtual].

Moscato, E.L., Raj, S. P., Schmidt, M., Fisher, A.P., Seid, C., Guzman, A., **Rodriguez, B.,** & Wade, S.L. (2020, March 19-21). *“Road to Recovery”*: Feasibility and satisfaction with a self-guided, web-based intervention for caregivers following pediatric traumatic brain injury [Poster presented at Society of Pediatric Psychology Conference, Dallas, TX].

Schmidt, M., Raj, S. P., Schultz, E., Omar-Payne, H., **Rodriguez, B.,** & Wade, S. (2018, October 23 - 27). Road to Recovery for caregivers after traumatic brain injury: Promoting positive family adaptation following pediatric brain injury. [Showcase presented at the International Convention of the Association for Educational Communications and Technology, Kansas City, MO].

Community Presentations

El Paso Healthy Schools Summit, El Paso, Texas

Led a 20-min presentation about parental communication with children and adolescents regarding mental health concerns, developmentally appropriate methods to discuss mental health, and relevant mental health resources in the community.

Woody L. Hunt School of Dental Medicine, TTUHSC El Paso, El Paso, Texas

Facilitated a 90-min lecture on stress-induced fear in adolescents to second-year dental school students currently completing their practica with individuals across the lifespan.

Kentucky Collaborative for Families and Schools, Learning Grove, Covington, Kentucky

Provided psychoeducation in Spanish about mental health and common mental health disorders in childhood to a group of Hispanic parents.

PROFESSIONAL DEVELOPMENT

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| 2022 | Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) Clinical Workshop
<i>Suzi Naguib, Psy.D.</i>
Sunfield Center for Autism, ADHD, and Behavioral Health; online format |
| 2018 | Youth at Risk for Bipolar Disorder
<i>Presenter: Fabiano Nery, MD., Ph.D.</i>
National Alliance on Mental Illness of Southwest Ohio, Cincinnati, OH |
| 2018 | An Evening of Self-Compassion with Dr. Kristin Neff
<i>Presenter: Kristin Neff, Ph.D.</i>
Xavier University, Cincinnati, OH |

PROFESSIONAL STUDENT MEMBERSHIPS

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| 2020 – Present | National Latinx Psychological Association (NLPA) |
| 2019 – Present | Division 53: Society of Clinical Child and Adolescent Psychology, American Psychological Association |

ASSESSMENT EXPERIENCE

Cognitive Assessments

Kaufman Brief Intelligence Test – 2nd Edition (KBIT-2)
Weschler Adult Intelligence Scale (WAIS-IV)
Weschler Intelligence Scale for Children – Fourth Edition (WISC-IV)
Weschler Preschool and Primary Scale of Intelligence – Fourth Edition (WPPSI-IV)

Academic Achievement Assessments

Weschler Individual Achievement Test – Fourth Edition (WIAT-4)
Wide Range Achievement Test, 5th Edition (WRAT5)
Woodcock Johnson Test of Achievement, Fourth Edition

Social-Emotional Assessments

Achenbach System of Empirically Based Assessment (CBCL, CTRF, YSR)
Autism Diagnostic Observation Schedule, Second Edition (ADOS-2)
Beck's Anxiety Inventory (BAI)
Beck's Depression Inventory (BDI)
Childhood Autism Rating Scale, Second Edition (CARS-2)
Children's Depression Inventory, 2nd Edition (CDI-2)
Clinician Administered PTSD Scale for DSM-5 Child and Adolescent Version (CAPS-CA-5)
Conner's Comprehensive Behavior Rating Scale, Third Edition
Kiddie Schedule for Affective Disorders and Schizophrenia – Lifetime Version (KSADS-PL)
Millon Pre-Adolescent Clinical Inventory (M-PACI)
Millon Adolescent Clinical Inventory (MACI)
Mini International Neuropsychiatric Interview (MINI) Kid Version 7.0.2 (MINI-KID)
Minnesota Multiphasic Personality Inventory 3 (MMPI-3)
NICHQ Vanderbilt Assessment Scale – Parent & Teacher Informant
Revised Children's Manifest Anxiety Scale, 2nd Edition (RCMAS-2)
Traumatic Event Screening Inventory – Children (TESI-C)
Trauma Symptom Checklist for Children (TSCC)
Vineland Adaptive Behavior Scales – Third Edition: Domain Level (Vineland-III)

Motor Coordination

Beery-Buktenica Developmental Test of Visual-Motor Integration, 6th edition, short form (Beery WMI)

Projective Measures

House-Tree-Person
Incomplete Sentences
Kinetic Family Drawing

PROFESSIONAL REFERENCES

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