

## CURRICULUM VITAE

### **Dahlia Magdy, Psy.D.**

Florida Licensed Psychologist, PY11317  
California Licensed Psychologist, PY 32994

#### **Institute for Life Renovation, LLC**

1421 SE 4th Ave  
Second Floor  
Fort Lauderdale, FL 33316  
Office: 954-766-4955  
Fax: 954-616-5147

<https://www.renovationoflife.com/>

## EDUCATION

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Nova Southeastern University

*Doctorate of Psychology, Psy.D*

Clinical Psychology

**Directed Study Title:** The use of mindfulness-based techniques in the treatment of trauma

**Supervisor:** Ralph E. Cash, PH.D., ABPP

Fort Lauderdale, FL

Conferral Date: August 2018

Nova Southeastern University

*Master of Science, M.S.*

Clinical Psychology

Fort Lauderdale, FL

Conferral Date: May 2016

University of Central Florida

*Bachelor of Science, B.S., in Psychology*

Orlando, FL

Conferral Date: May 2013

## EMPLOYMENT

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**Licensed Clinical Psychologist**, November 2021 – Present

*Institute for Life Renovation, LLC, Fort Lauderdale, FL*

Description:

The Institute for Life Renovation, LLC is a JCAHO Gold Standard Accredited Program that provides a fully individualized day treatment program tailored to each individual patient's needs based on a comprehensive assessment. Services provided include individual, couples, family, and group psychotherapy, psychological assessment. Responsibilities include providing psychotherapy in individual, couples, family, and group format. Duties also include program development of the Healthy Eating And Living (HEAL) Program, a treatment track that specializes in eating disorder care including individual, family, and group psychotherapy as well as medication management, nutrition counseling, yoga, and art therapy.

**Licensed Clinical Psychologist, November 2021 – Present**

*Motivational Institute for Behavioral Health, LLC, Fort Lauderdale, FL*

Description:

The Motivational Institute for Behavioral Health, LLC provides behavioral medicine, psychological, and psychoeducational services. Services include individual, couples, family, and group psychotherapy and psychological evaluations. Responsibilities include providing psychotherapy to individuals, couples, and families.

**Psychological Assistant, April 2020- November 2021**

*Kaiser Permanente Walnut Creek: Department of Psychiatry- Outpatient Eating Disorder Therapist, Walnut Creek, CA*

Supervisor: Katrina Domingo, *Psy.D.*, Clinical Supervisor/Behavioral Health Psychology Manager

Responsibilities:

- Provided individual and group therapy for a diverse population of adults for the treatment of eating disorders, body dysmorphia, inappropriate diet and eating habits, as well as comorbid mental health concerns such as anxiety, depression, PTSD, OCD, Bipolar Disorder, and Borderline Personality Disorder in an outpatient hospital setting
- Balanced an average individual caseload of 50 active patients— meet with 20 individual patients (17 returns, 3 intakes) per week
- Co-facilitated the following psychotherapy groups per week:
  - EDIOP Group Programming (comprised of meal support and DBT skills)
  - Outpatient Meal Support and Process Group
- Worked in collaboration with Eating Disorder Intensive Outpatient Program (EDIOP) team to facilitate smooth transitions between EDIOP and EDO levels of care
- Utilized evidence-based treatment modalities, primarily Cognitive Behavior Therapy, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy, in both individual and group therapy
- Incorporated Health at Every Size, All Food Fits/Intuitive Eating, and anti-diet philosophies into practice while promoting body neutrality, acceptance, and positivity
- Attended weekly senior staff meetings and EDIOP multidisciplinary-team case conferences (including therapists, dietitian, psychiatrist, and physician) to consult on clinical cases as well as to address clinic/administrative needs
- Consulted with other health providers as needed, including but not limited to dietitians, psychiatrists, primary care providers, and general/outside therapists
- Coordinated care with other providers in different service lines (e.g., general Intensive Outpatient Program, Addiction Medicine & Recovery Services) to develop congruent treatment plans

- Completed progress notes, treatment plans, and other clinical support documentation via EMR system (Epic)

**Contracted Psychological Assistant, September 2019- January 2020**

*Kaiser Permanente Oakland- Adult Eating Disorders Program, Oakland, CA*

Supervisors:

Kristina Wood, *Psy.D.*, Clinical Supervisor

Toni-Joan Alton, *LMFT*, EDO Program Clinic Manager

Responsibilities:

- Hired on after completion of post-doctoral residency
- Provided individual and group therapy for a diverse population of adults for the treatment of eating disorders, body dysmorphia, inappropriate diet and eating habits, as well as comorbid mental health concerns such as anxiety, depression, PTSD, OCD, Bipolar Disorder, and Borderline Personality Disorder in an enhanced outpatient hospital setting
- Balanced an average individual caseload of 35 active patients—met with 15 individual patients per week on average
- Facilitated and/or co-facilitated the following psychotherapy groups per week:
  - Body Image Group
  - Wellness Not Weight Emotional Eating Group
  - Recovery Support Group
- Utilized evidence-based treatment modalities, primarily Cognitive Behavior Therapy, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy, in both individual and group therapy
- Incorporated Health at Every Size, All Food Fits/Intuitive Eating, and anti-diet philosophies into practice while promoting body neutrality, acceptance, and positivity
- Assisted in revising development of Wellness Not Weight group curriculum, implementing more psychoeducational materials on emotional eating, emotional regulation, non-diet approach, hunger/fullness cues, nutritional guidelines, and body respect
- Assisted in development of Body Image 1.0 “prerequisite” group curriculum, implementing more psychoeducation and motivational interviewing techniques for patients who are not ready for the pre-established group
- Attended weekly senior staff meetings and multidisciplinary-team case conferences to discuss clinical cases as well as clinic/administrative needs
- Assisted in interviewing and training rotations of clinical psychology pre-doctoral interns in clinic philosophy, procedures, and group programming

- Attended weekly medical clinic appointments with physician and dietician to assess patient's medical stability and meet with patient as a clinical team
- Consulted with other health providers as needed, including but not limited to dietitians, psychiatrists, primary care providers, and outside therapists
- Completed progress notes, treatment plans, and other clinical support documentation via EMR system (Epic)

**Counselor**, April 2017- July 2018—20 hrs/week

*The Renfrew Center of Florida, Coconut Creek, FL*

Supervisor: Cindy Gretzula, R.N., Assistant Vice President and Director of Nursing

Responsibilities:

- Hired on after completion of practicum rotation
- Provided treatment of eating disorders, trauma-related issues, dissociative disorders, chemical dependency, depression, and anxiety disorders in line with the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders treatment model
- Provided group therapy, meal-time support therapy, milieu management, and crisis intervention
- Completed hourly rounds and safety checks of patients
- Assisted nursing staff with coordination of medication distribution times, patient admission processes and room checks, and additional safety procedures
- Attended daily multidisciplinary treatment team meetings and rounds
- Worked as part of a multidisciplinary team (including psychologists, psychiatrists, registered nurses, nutritionists, counselors, and psychological technicians)
- Completed progress notes and other clinical support documentation

## **CLINICAL TRAINING EXPERIENCE**

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**Post-Doctoral Psychology Resident**, September 2018- August 2019

*Kaiser Permanente Oakland- Adult Eating Disorders Program, Oakland, CA*

Supervisors:

Kristina Wood, *Psy.D.*, Primary Supervisor

Caitlin Hamlin, *Psy.D.*, Secondary Supervisor

Toni-Joan Alton, *LMFT*, EDO Program Clinic Manager

Responsibilities:

- Provided individual and group therapy for a diverse population of adults for the treatment of eating disorders, body dysmorphia, inappropriate diet and eating habits, as well as comorbid mental health concerns such as anxiety, depression,

PTSD, OCD, Bipolar Disorder, and Borderline Personality Disorder in an enhanced outpatient hospital setting

- Balanced an average individual caseload of 35 active patients—met with 15 individual patients per week on average and co-/facilitated 3-4 psychotherapy groups per week
- Facilitated and/or co-facilitated the following psychotherapy groups:
  - Dialectical Behavior Therapy Skills Group
  - Body Image Group
  - Wellness Not Weight Emotional Eating Group
  - Recovery Support Group
  - Lunch Meal Support Group
  - Dinner Challenge Exposure Meal Group
- Utilized evidence-based treatment modalities, primarily Cognitive Behavior Therapy, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy, in both individual and group therapy
- Incorporated Health at Every Size, All Food Fits/Intuitive Eating, and anti-diet philosophies into practice while promoting body neutrality, acceptance, and positivity
- Conducted weekly supervision of supervisee/trainee (practicum student)
- Attended weekly medical clinic appointments with physician and dietician to assess patient's medical stability and meet as a team
- Consulted with other health providers as needed, including but not limited to dietitians, psychiatrists, primary care providers, and outside therapists
- Attended weekly individual and group supervision(s) as well as multi-disciplinary case conferences
- Completed site-specific program evaluation project based on clinic need
- Attended professional development seminars and completed 100 hours of didactics
- Completed progress notes, treatment plans, and other clinical support documentation via EMR system (Epic)

**Pre-Doctoral Psychology Intern, August 2017-August 2018**

Site: *The Center for Treatment of Anxiety and Mood Disorders*, Delray Beach, FL

*South Florida Consortium Internship Program*: Nova Southeastern University, Davie, FL

Supervisors:

Maria Fimiani, *Psy.D.*, Director of Internship Training

Andrew Rosen, *Ph.D.*, ABPP, FAACP, Clinical Director/Primary Supervisor

Ryan Seidman, *Psy.D.*, Director of Clinical Services/Secondary Supervisor

Joseph Brand, *Ph.D.*, Assessment Supervisor

Responsibilities:

- Provided individual therapy for a diverse population of children, adolescents, and adults for the treatment of anxiety, depression, and mood disorders in a private practice setting
- Administered, scored, and interpreted psychoeducational battery including but not limited to the following assessments:
  - Woodcock-Johnson-IV, Tests of Achievement, Form A (WJA-IV)
  - Woodcock-Johnson-IV, Tests of Cognitive Abilities (WJC-IV)
  - Conners Continuous Performance Test, 3rd Edition (CPT-3)
  - Behavior Assessment Schedule for Children, Third Edition—(BASC-3; Parent, Teacher, and Self Reports)
  - Behavior Rating Inventory of Executive Function, Second Edition—(BRIEF2; Parent, Teacher, and Self Reports)
- Completed psychoeducational battery assessment reports to aid in diagnosis, treatment planning, and the obtainment of educational accommodations
- Attended weekly individual and group supervision(s) as well as multi-disciplinary case conference and didactics
- Attended and conducted Grand Rounds at local agencies and NSU clinics once a month
- Attended and completed Intern Presentations (2-3 hours monthly)
- Completed site-specific program evaluation group project
- Attended weekly professional development seminars and didactics
- Attended weekly group supervision(s) with SFCIP supervisor and bimonthly supervision with NSU post-doctoral resident

**Practicum Student**, August 2016- April 2017—20 hrs/week

*The Renfrew Center of Florida, Coconut Creek, FL*

Supervisors:

Alissa Baum, *Psy.D.*, Team Leader

Dana Friend, *Psy.D.*, Clinical Supervisor

Responsibilities:

- Provided treatment of eating disorders, abuse survivor issues, dissociative disorders, chemical dependency/depression, and anxiety disorders
- Learned and implemented the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders
- Provided individual and group therapy, meal-time support therapy, milieu management, and crisis intervention
- Attended weekly treatment team rounds as well as individual, and group supervision(s)
- Completed treatment plan reviews and other clinical support documentation

**Psychology Trainee**, August 2015- August 2016—20 hrs/week

*Adult Services Program*

Nova Southeastern University Psychology Services Center, Ft Lauderdale, FL

Supervisor:

Leonard Schnur, *Psy.D., ABPP*, Clinical Supervisor

Barry Schneider, *Ph.D.*, Intensive Supervisor

Responsibilities:

- Provided services to general adult population dealing with a variety of psychological problems/difficulties including anxiety, depression, severe and persistent mental illness, social skills problems, stress, and other mental health issues
- Completed comprehensive biopsychosocial diagnostic reports, treatment plans, and psychological assessments

**Psychology Trainee**, August 2014- August 2015—20 hrs/week

*Severe Behavior Disorders Program*

Nova Southeastern University, Psychology Services Center, Ft Lauderdale, FL

Supervisors:

F.C. Mace, *Ph.D., BCBA-D*, Primary Supervisor

Tara Sheehan, *Ph.D., BCBA-D*, Secondary Supervisor

Responsibilities:

- Provided services to children and adolescents with Autism Spectrum Disorder diagnoses exhibiting severe behavior problems
- Implemented behavioral modification through established Applied Behavior Analysis protocols
- Conducted Functional Behavior Analyses and analyzed subsequent data
- Formulated treatment plans and goals
- Scheduled client appointments and maintained client records
- Collected data using specialized behavior software; analyzed data using Microsoft Excel

## **RESEARCH EXPERIENCE**

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**Graduate Research Assistant**— President's Faculty Research and Development Grant

**Title:** Feasibility of Adapting RUBI Parent Training Manual to ASD Outpatient Clinic

*The Unicorn Children's Foundation Clinics*—Challenging Behavior Clinic

The Mailman Segal Center for Human Development, Ft. Lauderdale, FL

November 2016-May 2017

**Description:** The primary purpose of the proposed study is to evaluate the feasibility of adapting an experimentally validated manual-based parent training program to an applied

behavior analysis (ABA) outpatient clinic setting to reduce disruptive behaviors in young children diagnosed with autism spectrum disorder.

**Supervisor:** Tara Sheehan, *Ph.D., BCBA-D* (Principal Investigator)

Responsibilities:

- Provided services to families of children with Autism Spectrum Disorder diagnoses who exhibit conduct and behavioral problems
- Completed training on the Research Units in Behavioral Intervention (RUBI) Parent Training Manual
- Utilized the manual to guide parents in applying techniques and tools to help manage the child's challenging behaviors

### **Graduate Research Assistant**

**Title:** Collaboration between Applied Behavior Analysts and Physical Therapists may improve physical therapy treatment outcomes for children with cerebral palsy and comorbid intellectual disability.

*Severe Behavior Disorders Program*

Nova Southeastern University, Psychology Services Center, Ft Lauderdale, FL

August 2014- August 2015

**Description:** The present case study demonstrates the response to treatment of a five-year-old child with Cerebral Palsy (CP) and Intellectual Disability (ID) under standard physical therapy practices including physical exercise and contingent praise, and the addition of applied behavior analytic practices of contingent tangible reinforcement for participation in the physical therapy exercise.

**Supervisor:** F.C. Mace, *Ph.D., BCBA-D*, (Principal Investigator)

Responsibilities:

- Assisted with data collection and procedure implementation in an experimental study using differential reinforcement and extinction to reduce challenging behaviors in children on the Autism Spectrum.

## **PROFESSIONAL AFFILIATIONS**

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- American Psychological Association
- Association for Contextual and Behavioral Science