

## Curriculum Vitae

**STEFANY MARCUS, Psy.D.**

**Florida Licensed Psychologist, PY 11058**

**Motivational Institute for Behavioral Health, LLC.**

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### EDUCATION

**2013-2018: Psy.D., Clinical Psychology.**

Nova Southeastern University, College of Psychology. Fort Lauderdale, Florida.

Accredited by the American Psychological Association.

Research: The child and adolescent bariatric surgery candidate.

Supervisors: Sarah Valley-Gray, Psy.D., ABPP and Maria Fimiani, Psy.D.

**2013-2016: M.S., Clinical Psychology.**

Nova Southeastern University, College of Psychology. Fort Lauderdale, Florida.

Accredited by the American Psychological Association.

**2009-2013: B.S., Psychology.**

University of Central Florida. Orlando, Florida.

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### PROFESSIONAL EXPERIENCE

**2021-present: Licensed Psychologist.**

Motivational Institute for Behavioral Health, LLC. Fort Lauderdale, Florida.

The Motivational Institute for Behavioral Health, LLC provides behavioral medicine, psychological, and psychoeducational services. Services include individual, couples, family, and group psychotherapy and psychological evaluations. Responsibilities include providing psychotherapy to individuals, couples, and families.

**2021-present: Licensed Psychologist.**

Institute for Life Renovation, LLC. Fort Lauderdale, Florida.

The Institute for Life Renovation, LLC is an Intensive Outpatient Program (IOP) that provides individualized interventions based on a comprehensive psychological evaluation. Services provided include individual, couples, family, and group psychotherapy, psychological assessment, medication management, dietetics support, yoga, and art therapy. Responsibilities include providing psychotherapy in individual, couples, family, and group format.

**2019-present: Adjunct Professor.**

Nova Southeastern University, College of Psychology. Fort Lauderdale, Florida.

**2019-2020: Primary Therapist.**

The Renfrew Center Eating Disorder Treatment Facility. Coconut Creek, Florida.

**Responsibilities:**

- ♦ Provide individual, family, and group psychotherapy with a focus on the empirically-based Unified Treatment Model for Eating Disorders to residential patients, day patients, and intensive outpatients (adolescent to older adult females) with eating disorders (e.g., anorexia, bulimia, and binge eating disorder) and co-occurring psychiatric disorders.
- ♦ Provide case-management services to intensive outpatients.
- ♦ Monitor patients in the dining room to ensure meal compliance.
- ♦ Provide meal-support therapy to patients to ensure that they complete their required meals, including restaurant exposure meals with patients.
- ♦ Provide milieu management and crisis intervention.
- ♦ Provide weekly supervision to psychology doctoral-level interns and practicum students.
- ♦ Participate in multidisciplinary treatment team rounds and meetings (e.g., nursing, psychiatry, nutrition, aftercare, team leader, and therapists).

**Clinical Director:** Heather Maio, Psy.D., CEDS

**Assistant Clinical Director:** Alissa Baum, Psy.D., CEDS

**Team Supervisors:** Dana Friend, Psy.D. and Deborah Radzwill, Psy.D., CEDS

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**CLINICAL TRAINING EXPERIENCE**

**2018-2019: Psychology Postdoctoral Resident.**

Nova Southeastern University (NSU) Psychology Postdoctoral Residency Program (PPRP)

School-related Psychological Assessments and Clinical Interventions (SPACI) Clinic

Office of Suicide and Violence Prevention (SVP)

**SPACI Clinic Responsibilities:**

- ♦ Conduct intake evaluations and complete biopsychosocial reports.
- ♦ Administer, score, and interpret assessment batteries for evaluation of behavioral, academic, cognitive, intellectual, motor, and social-emotional functioning of children and adolescents (ages 3-18). Write integrated reports and provided feedback to clients and parents. Consult with parents, school personnel, and psychiatrists for case management.
- ♦ Develop individualized treatment plans and provide outpatient individual psychotherapy to patients with various mental health issues.
- ♦ Provide weekly supervision to psychology doctoral-level practicum students.
- ♦ Provide bi-weekly supervision to psychology doctoral-level interns.
- ♦ Provide guest lectures on a variety of psychology-related topics (e.g., interviewing skills, case conceptualization, assessment, intervention, etc.).
- ♦ Teach the pre-practicum course to first year psychology doctoral-level students that focuses on providing students with the opportunity to learn and practice a variety of interviewing and clinical skills necessary for effective psychotherapeutic functioning.

**Office of SVP Responsibilities:**

- ♦ Provide outreach presentations, workshops, and trainings related to suicide and violence awareness, prevention, assessment, and intervention to:
  - NSU psychology doctoral, master, and undergraduate level students, faculty, and staff.

- NSU non-psychology undergraduate and graduate students, faculty, and staff.
- Students, counselors, faculty, and staff at various elementary, middle, and high schools in Broward County, Florida.
- ♦ Provide outreach presentations, workshops, and trainings related to mental health awareness to:
  - NSU non-psychology undergraduate and graduate students, faculty, and staff.
  - Students, counselors, faculty, and staff (including school nurses) at various elementary, middle, and high schools in Broward County, Florida.
- ♦ Provide bi-weekly supervision to psychology doctoral-level graduate assistants and trainees.

**SPACI Clinic Supervisor/Direct Supervisor:** Ralph E. Cash, Ph.D., ABPP

**Office of SVP Supervisors:** Scott Poland, Ed.D. and Douglas Flemons, Ph.D.

**PPRP Supervisor:** Peter Caproni, Ph.D.

### **2017-2018: Psychology Pre-Doctoral Intern.**

Nova Southeastern University (NSU) South Florida Consortium Internship Program (SFCIP)  
The Renfrew Center Eating Disorder Treatment Facility. Coconut Creek, Florida.

*APA Accredited Program*

#### **Responsibilities:**

- ♦ Provide individual, family, and group psychotherapy with a focus on the empirically-based Unified Treatment Model for Eating Disorders to residential patients, day patients, and intensive outpatients (adolescent to older adult females) with eating disorders (e.g., anorexia, bulimia, and binge eating disorder) and co-occurring psychiatric disorders.
- ♦ Provide case-management services to intensive outpatients.
- ♦ Provide family group therapy to intensive outpatients and their family members.
- ♦ Monitor patients in the dining room to ensure meal compliance.
- ♦ Provide meal-support therapy to patients to ensure that they complete their required meals, including restaurant exposure meals with intensive outpatients.
- ♦ Provide milieu management and crisis intervention.
- ♦ Provide weekly supervision to practicum students.
- ♦ Participate in multidisciplinary treatment team rounds and meetings (e.g., nursing, psychiatry, nutrition, aftercare, team leader, and therapists).
- ♦ Complete integrated reports.
- ♦ Completed a program evaluation to assess patients' perceived helpfulness of using a tool to monitor emotions derived from the Unified Treatment Model.

**Direct Supervisor:** Deborah Radzwill, Psy.D., CEDS

**Additional Supervisors:** Halle Miller, Psy.D., and Janine Furdella, Ph.D.

**Site Supervisors:** Alissa Baum, Psy.D., CEDS, and Heather Maio, Psy.D., CEDS

**SFCIP Supervisors:** Maria Fimiani, Psy.D., and Brittany Musaffi, Psy.D.

### **2016-2017: Psychology Trainee (Elective Practicum).**

The Renfrew Center Eating Disorder Treatment Facility. Coconut Creek, Florida.

#### **Responsibilities:**

- ♦ Provide psychotherapy to residential patients (adolescent to older adult females), with eating disorders (e.g., anorexia, bulimia, and binge eating disorder) and co-occurring psychiatric disorders.

- ♦ Provide group psychotherapy with a focus on Interpersonal Skills, Gratitude, Emotion-Driven Behaviors, and Avoidance Behaviors to all patients.
- ♦ Monitor patients in the dining room to ensure meal compliance.
- ♦ Provide meal-support therapy to patients to ensure that they complete their required meals.
- ♦ Provide milieu management and crisis intervention.

**Supervisors:** Alissa Baum, Psy.D., CEDS, and Janine Furdella, Ph.D.

**2015-2017: Psychology Trainee.**

Ruth & Norman Rales Jewish Family Services. Boca Raton, Florida.

**Responsibilities:**

- ♦ Conducted intake evaluations and completed biopsychosocial reports.
- ♦ Developed individualized treatment plans and implemented interventions in a variety of modalities and formats including individual psychotherapy, family therapy, parent training, and couples therapy.
- ♦ Facilitated group psychotherapy for chronic mentally ill and developmentally delayed disabled patients.
- ♦ Administered, scored, and interpreted assessment batteries for evaluation of behavioral, academic, cognitive, intellectual, motor, and social-emotional functioning of children and adolescents (ages 8-16). Wrote integrated reports and provided feedback to clients and parents. Consulted with parents, school personnel, and psychiatrists for case management.
- ♦ Attended weekly staff meetings to discuss new clients, present cases, diagnoses, and treatment recommendations.

**Supervisors:** Tara Zuckerman, Psy.D., Aaryn Gottesfeld, Ph.D., and Alan Katell, Ph.D.

**2014-2015: Psychology Trainee.**

Henderson Behavioral Health (South Branch). Hollywood, Florida.

**Responsibilities:**

- ♦ Conducted outpatient individual and couples psychotherapy sessions with chronic mentally ill patients.
- ♦ Observed group therapy for patients with chronic mental illness.

**Supervisors:** Jennifer Davidtz, Ph.D., Maria Fimiani, Psy.D., and Nina Nix, Ph.D., LCSW

**2012-2013: Guardian Advocate.**

Mental Health Association of Central Florida. Orlando, Florida.

**Responsibilities:**

- ♦ Served as a Guardian Advocate to mental health patients who were deemed “incompetent” under the Florida Mental Health Act (Baker Act).
- ♦ Attended Mental Health Court to be legally appointed as a Guardian Advocate to patients.
- ♦ Legally consented for psychiatric medication that was recommended for patients.
- ♦ Worked with patients diagnosed with schizophrenia, psychosis, and bipolar disorder.
- ♦ Advocated for a patient who was pregnant and diagnosed with bipolar disorder with psychotic features.

**Supervisor:** Emily Sanchez, M.S.

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## PAST EMPLOYMENT EXPERIENCE

### **2013-2017: Graduate Assistant.**

Nova Southeastern University, College of Psychology. Fort Lauderdale, Florida.

#### **Responsibilities:**

- ♦ Collaboratively work with student and faculty members on different administrative and academic tasks.
- ♦ Act as a liaison to facilitate administrative activities for the College of Psychology (previously known as Center for Psychological Studies, CPS).
- ♦ Conduct research and create documents to assist in the development and enhancement of the various degree programs at College of Psychology.
- ♦ Organize and coordinate center-wide activities surrounding university events (e.g., NSU's Student Life Achievement Awards, Graduate Talk Series, Black History Month, and Hispanic Heritage Month).
- ♦ Assisted in planning Continuing Education workshops in the College of Psychology.
- ♦ Worked collaboratively with faculty from the School and Clinical Psychology Doctoral Programs at the Center for Psychological Studies to modify course syllabi in accordance with APA guidelines.
- ♦ Assisted in the development of the APA Self Study document for the School Psychology Doctoral Program (i.e., course syllabi, faculty CVs, and program competencies).
- ♦ Prepared and organized data for the 2012, 2013, and 2014 Annual Alumni Survey Presentation.

**Supervisor:** Sarah Valley-Gray, Psy.D., ABPP

### **2011-2012: Clinic Assistant.**

University of Central Florida Psychology Clinic. Orlando, Florida.

#### **Responsibilities:**

- ♦ Assisted clients and therapists with scheduling practicum and appointments.
- ♦ Compiled client payment receipts and detailed payment logs.
- ♦ Answered telephone calls and answered questions regarding the types of services offered by the clinic.
- ♦ Referred clients to other clinics, as needed.
- ♦ Acquired proficiency in Titanium Software.

**Supervisors:** Michael Kofler, Ph.D. and Joe Raiker, Ph.D.

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## TEACHING EXPERIENCE

**1/21-4/21: Adjunct Professor.** Nova Southeastern University, College of Psychology, Master of Science in Forensic Psychology Program. Fort Lauderdale, Florida.

**Course:** PSY 0915 Suicide Prevention and Crisis Intervention Skills

This course helps students learn how to identify the potential for suicide and how to respond and refer. Since suicide is often precipitated by situational crises, early intervention techniques, particularly the identification of suicide potential, is crucial. Students will study suicide-by-cop and highly publicized intentional and random multiple shooting events to better understand the shooter's motivations and early identification. Emphasis is placed on effective suicide prevention and crisis intervention strategies.

**5/20-8/20: Adjunct Professor.** Nova Southeastern University, College of Psychology, Master of Science in Forensic Psychology Program. Fort Lauderdale, Florida.

**Course:** PSY 0918 Intervening in School & Workplace Violence

This course provides students with an in-depth overview of major high publicity school and workplace violence cases that have occurred over the last several decades. Prevention, crisis interventions, and threat assessment teams are also discussed throughout the course.

**8/19-12/19: Adjunct Professor.** Nova Southeastern University, College of Psychology, Specialist Program in School Psychology. Fort Lauderdale, Florida.

**Course:** PSY 0782 Cognitive Assessment I: Theory, Research, and Practice with Lab

This course provides an in-depth overview of the theories, research, and practice in assessing the cognitive functioning of children, adolescents, and adults. Fundamentals of test construction, its psychometric properties, and the history and current status of cognitive theory are examined. Candidates are trained to administer, score (including computer scoring), interpret and communicate the results of cognitive assessment data to answer educationally relevant questions. Psychological issues in intelligence testing, as well as ethical and legal considerations are explored. Emphasis is placed upon the principal aspects of interviewing, establishment of rapport, behavioral observation, interpretation, and report writing. Special emphasis is placed upon developing foundational assessment skills that can be generalized to other measures.

**1/19-4/19: Course Instructor.** Nova Southeastern University, College of Psychology, Doctoral Program in Clinical Psychology. Fort Lauderdale, Florida.

**Course:** PSY 1703 Pre-Practicum

This course provides students with the opportunity to learn and practice a variety of interviewing and clinical skills necessary for effective psychotherapeutic functioning. This course focuses on brief didactic presentations followed by student-role playing and instructor feedback.

**9/18-12/18: Course Instructor.** Nova Southeastern University, College of Psychology, Doctoral Program in Clinical Psychology. Fort Lauderdale, Florida.

**Course:** PSY 1501 Assessment: Intelligence Testing

**Course Professor:** Sarah Valley-Gray, Psy.D., ABPP

This course provides an in-depth overview of the theories, research, and practice in assessing the cognitive functioning of children, adolescents, and adults. The administration, interpretation, and communication of results of major intelligence tests are the focus of this course. Candidates are trained to administer, score (including computer scoring), interpret and communicate the results of cognitive assessment data to answer educationally relevant questions. Psychological issues in intelligence testing, as well as ethical and legal considerations are explored. Emphasis is placed upon the principal aspects of interviewing, establishment of rapport, behavioral observation, interpretation, and report writing. Special emphasis is placed upon developing foundational assessment skills that can be generalized to other measures.

**3/17-5/17, 3/16-5/16, 3/15-5/15: Lab Instructor.** Nova Southeastern University, College of Psychology, Doctoral Program in School Psychology. Fort Lauderdale, Florida.

**Course:** PSY 8150 Counseling Theories and Techniques Lab

**Course Professor:** Sarah Valley-Gray, Psy.D., ABPP

This course surveys the field of counseling. It considers the various theories of counseling and issues of counseling in school settings and focuses on the development of school counseling skills including basic interviewing and other assessment skills, with an emphasis on therapeutic listening skills. Stress is also placed on the acquisition of skills related to empathy, the counselor-counselee relationship, and the establishment of a therapeutic alliance in the context of cultural diversity. Teaching methods include modeling, role-playing, along with didactic presentations and readings.

**3/15-5/15, 5/14-7/15, 1/14-4/14: Graduate Teaching Assistant.** Nova Southeastern University, College of Psychology, Doctoral Program in School Psychology. Fort Lauderdale, Florida.

**Course:** PSY 8150 Counseling Theories and Techniques

**Course Instructor:** Sarah Valley-Gray, Psy.D., ABPP

This course surveys the field of counseling. It considers the various theories of counseling and issues of counseling in school settings and focuses on the development of school counseling skills including basic interviewing and other assessment skills, with an emphasis on therapeutic listening skills. Stress is also placed on the acquisition of skills related to empathy, the counselor-counselee relationship, and the establishment of a therapeutic alliance in the context of cultural diversity. Teaching methods include modeling, role-playing, along with didactic presentations and readings.

**10/13-12/13: Graduate Teaching Assistant.** Nova Southeastern University, College of Psychology, Doctoral Program in School Psychology. Fort Lauderdale, Florida.

**Course:** PSY 1501 Assessment: Intelligence Testing

**Course Instructor:** Sarah Valley-Gray, Psy.D., ABPP

The administration, interpretation, and communication of results of major intelligence tests are the focus of this course. Emphasis is placed on the many aspects of interpretation and report writing.

**1/12-5/12: Undergraduate Teaching Assistant,** University of Central Florida. Orlando, Florida.

**Course:** DEP 2004 Developmental Psychology

**Course Instructor:** Daniel McConnell, Ph.D.

The effects of genetic, psychological, maturational, and social factors on behavior throughout the life cycle are the focus of this course.

**1/11-5/11: Undergraduate Teaching Assistant,** University of Central Florida. Orlando, Florida.

**Course:** SPN 1121C Elementary Spanish Language and Civilization II

**Course Instructor:** Jacob McLaughlin, Ph.D.

Continuation of SPN1120C.

**8/10-12/10: Undergraduate Teaching Assistant,** University of Central Florida. Orlando, Florida.

**Course:** SPN 1120C Elementary Spanish Language and Civilization I

**Course Instructor:** Jacob McLaughlin, Ph.D.

Introduces the student to Spanish culture through the major language skills: listening, speaking, reading, and writing.

## CLINICAL PRESENTATIONS

**Marcus, S. D., & Beck, A.** (February 2019). *Best Practices in Enhancing Suicidality Assessment Skills Using Simulated Patients*. Poster presented at the Trainers for School Psychologists annual convention, Atlanta, GA.

**Marcus, S. D.** (November 2016). *Role-Playing Risk Assessment and Safety Planning Workshop for Suicide Prevention*. Workshop presented at Nova Southeastern University (NSU), Fort-Lauderdale, FL.

**Marcus, S. D., & Kameron, M. R.** (November 2016). *Psychosocial Issues Related to Youth Obesity*. Paper presented at the Florida Association of School Psychologists annual convention, Palm Harbor, FL.

Kameron, M. R., & **Marcus, S. D.** (November 2016). *LGBTQ Parenting and Children's Outcomes*. Poster presented at the Florida Association of School Psychologists annual convention, Palm Harbor, FL.

**Marcus, S. D.** (June 2016). *Psychosocial Issues Related to Youth Obesity*. Paper presented at the Student Mental Health and Wellness Conference, Park Vista High School, West Palm Beach, FL.

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## RESEARCH EXPERIENCE

**2018-2019: Psychology Postdoctoral Resident**, Nova Southeastern University, Fort Lauderdale, FL.

**Supervisors:** Ralph E. Cash, Ph.D., ABPP & Sarah Valley-Gray, Psy.D., ABPP

**Research:** Simulated Patient Assessment, Research, and Collaboration (SPARC)

**Responsibilities:** Conducted research of best practices in enhancing suicidality assessment skills of psychology graduate students using simulated patients.

**2012-2013: Undergraduate Research Assistant**, University of Central Florida, Orlando, Florida.

**Supervisor:** Mustapha Mouloua, Ph.D.

**Research Title:** Investigation of Gender Effects on Eye-Witness Recall

**Responsibilities:** Conducted research of eye-witness recall based on gender effects using Sona Systems, Qualtrics, and IBM Statistical Product and Service Solutions (SPSS) Statistics.

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## VOLUNTEER ACTIVITIES/COMMUNITY SERVICE

**2014-2016: NSU's Cultural Diversity Committee**, Nova Southeastern University, Fort Lauderdale, FL.

Organized and coordinated center-wide activities surrounding cultural diversity events for the university and the community (e.g., Hispanic Heritage Month and Black History Month).



**02/16: Volunteer, Ruth and Normal Rales Jewish Family Services (JFS) Reflections of Hope Luncheon, Boca Raton, FL.**

Assisted in raising awareness of mental illness and raising funds to support the mental health services at JFS. Responsibilities included providing information about JFS to guests, directing guests, and collecting donations.

**10/15: Volunteer, South Florida Walk for Obesity Event hosted by Cleveland Clinic Florida, the Bariatric and Metabolic Institute, American Society of Metabolic and Bariatric Surgery (ASMBS) Foundation and the ASMBS Florida State Chapter, Davie, FL.**

Assisted with a walk to help raise awareness of obesity and raise funds to help the ASMBS Foundation continue to support obesity research, education, and access to treatment.

**09/15: Dance Instructor, "Celebration of Latin American Music Dance Class," Nova Southeastern University, Fort Lauderdale, FL.**

Taught popular Latin dances to Nova Southeastern University students, faculty, and staff in order to raise awareness of Latin music/dance and how it influences Latin culture.

**11/14: Guest Speaker, Nova Southeastern University's College of Psychology Graduate Open House, Nova Southeastern University, Fort Lauderdale, FL.**

Second year doctoral student speaker for potential incoming doctoral/graduate students. Spoke with John E. Lewis, Ph.D., Professor and Director of Academic Affairs at the time.

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## PROFESSIONAL AFFILIATIONS

- ♦ American Psychological Association, 2012 – *present*
- ♦ Florida Association of School Psychologists, 2016 – *present*

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## ADDITIONAL LANGUAGES

Fluency in Spanish.

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## REFERNECES

**Sarah Valley-Gray, Psy.D., ABPP**  
Licensed Psychologist  
Professor / Director of Training,  
School Psychology Doctoral Program /  
Director of Continuing Education & Special  
Projects  
Nova Southeastern University  
College of Psychology  
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**Ralph E. (Gene) Cash, Ph.D., ABPP**  
Licensed Psychologist  
Professor / Director of School-related  
Psychological Assessments & Clinical  
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**Scott Poland, Ed.D.**

Licensed Psychologist  
Professor / Director of Suicide & Violence  
Prevention Office  
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**Alissa Baum, Psy.D., CEDS**

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**Heather Maio, Psy.D., CEDS**

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**Dana Friend, Psy.D.**

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