

Curriculum Vitae

COURTNEY PURDY, Psy.D.

Florida Licensed Psychologist, # PY 10588

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Mailing Address

3600 N. Ocean Blvd, Second Floor
Fort Lauderdale, FL 33308

EDUCATION

08/2013 – 08/2018: Psy.D., Clinical Psychology. Nova Southeastern University, College of Psychology, Fort Lauderdale, FL, American Psychological Association, accredited clinical psychology program.

Directed Study Title: Canine assisted therapy: Analysis of literature.

08/2013 – 08/2015: M.S., Clinical Psychology. Nova Southeastern University, College of Psychology, Fort Lauderdale, FL, American Psychological Association, accredited clinical psychology program.

08/2009 – 05/2013: B.S., Psychology. Major: Psychology, Minor: Sociology, University of Central Florida, Orlando, FL.

EMPLOYMENT

09/2019 - Present: Licensed Psychologist.

Motivational Institute for Behavioral Health, Fort Lauderdale, FL.

Description: The Motivational Institute for Behavioral Health, LLC provides behavioral medicine, psychological, and psychoeducational services, including individual, couple, and group psychotherapy and psychological testing. Duties include working directly with patients in individual, couple, and family psychotherapy.

09/2019 - Present: Licensed Psychologist.

10/2021 – Present: Director of Personnel Development.

Institute for Life Renovation, Fort Lauderdale, FL.

Description: The Institute for Life Renovation, LLC provides a fully individualized day-treatment program tailored to each individual patient's needs based on a comprehensive assessment. Services include individual, couple, family, and group psychotherapy and psychological testing. Duties include working directly with patients in individual, couple, family, and group psychotherapy.

CLINICAL TRAINING EXPERIENCE

09/2019-09/2020: Dialectical Behavior Therapy (DBT) Intensive Training

Presented by Behavioral Tech, Linehan Institute Training Company
52-Week intensive training and supervision in DBT.

05/2019-09/2019: Dialectical Behavior Therapy (DBT) Foundational Training

Presented by Behavioral Tech, Linehan Institute Training Company

16-Week intensive training in the foundational theory and skills of DBT.

09/2018 - 09/2019: Post-Doctoral Psychology Resident.

Institute for Life Renovation, Fort Lauderdale, FL.

Responsibilities: Provided individual, couple, family, and group therapy to a diverse population of adolescents, adults, and older adults with a wide variety of presenting problems and mental health disorders. Facilitated DBT groups. Participated as a team member on a DBT case consultation team. Conducted intake evaluations and made initial diagnostic and treatment decisions. Administered and scored psychological assessments and conducted comprehensive psychological evaluations. Provided assessment results and interpretation. Drafted intake reports, assessment reports, termination reports, and transfer summaries.

Site Supervisors: Lori Eickleberry, Ph.D., ABPP

08/2017 – 08/2018: Psychology Doctoral Intern.

The Faulk Center for Counseling, Boca Raton, FL.

Responsibilities: Provided individual, couple, family, and group therapy to a diverse population of children, adolescents, adults, and older adults with a wide variety of presenting problems and mental health disorders. Facilitated process groups, skills-based groups, and non-directive support groups. Supervised a master's level practicum student on clinical work, administrative procedures, and professional development. Conducted weekly intake evaluations and presented the clinical information in treatment team meetings with clinical staff to make initial diagnostic and treatment decisions. Participated as a treatment team member in weekly case staffings. Administered and scored psychological assessments and conducted comprehensive psychological evaluations. Provided assessment results and interpretation. Drafted intake reports, assessment reports, termination reports, and transfer summaries.

Site Supervisors: Terri Mortensen, Psy.D., and Adam Schulman, Ph.D.

09/2015 – 04/2017: Psychology Doctoral Practicum Trainee.

The Faulk Center for Counseling, Boca Raton, FL.

Responsibilities: Provided individual, couple, family, and group therapy to a diverse population of children, adolescents, adults, and older adults with a wide variety of presenting problems and mental health disorders. Facilitated Dialectical Behavior therapy groups, skills-based groups, and non-directive support groups. Conducted weekly intake evaluations and presented the clinical information in treatment team meetings with clinical staff to make initial diagnostic and treatment decisions. Participated as a treatment team member in weekly case staffings. Provided counseling to young adults with issues related to interpersonal and academic functioning. Administered and scored psychological assessments and conducted comprehensive psychological evaluations. Provided assessment results and interpretation. Drafted intake reports, assessment reports, termination reports, and transfer summaries. Served during the second rotation as a peer mentor, providing guidance to new practicum students about the center and clinical work.

Site Supervisors: Terri Mortensen, Psy.D. (2015-2016), and Adam Schulman, Ph.D. (2016-2017)

05/2014 – 05/2015: Psychology Doctoral Practicum Trainee.

Motivational Institute Mental Health Bridge Clinic, Inc. Fort Lauderdale, FL

Responsibilities: Provided individual and family psychological treatment to a diverse population of varying ages, presenting problems, and mental health disorders. Conducted adult groups utilizing Dialectical Behavioral Therapy. Administered and scored psychological assessments and conducted comprehensive psychological evaluations. Provided assessment results and interpretation. Drafted intake reports, assessment reports, discharge summaries, and transfer summaries. Provided training for incoming students on clinical protocol and procedure.

Supervisors: Christina Doro, Psy.D., and Pamela Baker, Psy.D.

OTHER CLINICAL EXPERIENCE**06/2017: Motivational Interviewing Training Facilitator.**

Motivational Institute for Behavioral Health, LLC. Fort Lauderdale, FL.

Responsibilities: Assisted in a one-day training to members of the Department of Juvenile Justice on Motivational Interviewing techniques. Facilitated Motivational Interviewing training exercises to provide feedback on correctly executing techniques.

Supervisor: Lori Eickleberry, Ph.D., ABPP, Motivational Interviewing Network of Trainers (MINT)

04/2015 – 08/2017: Office Coordinator.

Motivational Institute for Behavioral Health, LLC., and Motivational Institute Mental Health Bridge Clinic, Inc. Fort Lauderdale, FL.

Responsibilities: Managed mental health practice of four licensed clinical psychologists (MIFBH) and attached non-profit mental health clinic (MIMHBC). Aided in the development and foundation of the Intensive Outpatient Program (ILR) that provides individualized treatment including individual, group, family, and couple therapy, seminars in nutrition, career, budgeting, yoga classes, art therapy, and other services. Provided training and guidance to graduate students on clinical protocol, charting procedures, and documentation. Trained office and testing coordinators and licensed clinical psychologist on clinical protocol and policies. Managed billing, insurance, documentation, schedules, and promotion and marketing. Conducted intake screenings before initial assessments. Administered and scored psychological assessments. Conducted interviews for office and testing coordinators.

Supervisor: Lori Eickleberry, Ph.D., ABPP

OTHER EXPERIENCE**02/2015 - 04/2015: Fundraising Chair.****01/2014 – 04/2014: Fundraising Committee Member.**

Motivational Institute Mental Health Bridge Clinic, Inc. Fort Lauderdale, FL.

Provided outreach services and organized events to raise funds for a non-profit mental health clinic that trains Nova Southeastern University College of Psychology practicum students. Over \$2,000 was raised as fundraising committee member and over \$4,000 was raised as fundraising chair.

Supervisor: Lori Eickleberry, Ph.D., ABPP.

GRADUATE TEACHING EXPERIENCE**05/2015 – 06/2015: Graduate Teaching Assistant.**

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

Course: *PSY 4670 Short Term Therapy*. Provided feedback on student's clinical skills through typed transcripts and audiotapes of mock therapy sessions and intake report writing. Assisted in student advising, paper grading, and critique.

Instructor: Lori Eickleberry, Ph.D., ABPP

01/2015 – 05/2015: Graduate Teaching Assistant.

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.

Course: *PSY 1502 Diagnostic Interviewing*. Prepared and presented eight different topics pertaining to the course. Taught clinical skills to first year doctoral students in preparation for practicum placements. Provided feedback on student's diagnostic interviewing skills through typed transcripts and audiotapes of mock therapy sessions and intake report writing. Assisted in student advising, paper grading, and critique.

Instructor: Lori Eickleberry, Ph.D., ABPP

CLINICAL PRESENTATIONS

03/2018 Clinical Psychology, North Broward Preparatory School, Coconut Creek, FL

03/2018 Getting to Know Mr. Sandman, The Faulk Center for Counseling, Boca Raton, FL.

06/2016 Traumatic Brain Injury, The Faulk Center for Counseling, Boca Raton, FL.

06/2016 Acceptance and Commitment Therapy; Skills and Techniques, College of Psychology, Nova Southeastern University, PSY 4670 Short Term Therapy

03/2016 Clinical Psychology, North Broward Preparatory School, Coconut Creek, FL.

POSTERS AND PRESENTATIONS

Purdy, C., & Eickleberry L.L. (June 2020) Take ACTION to get more ACTION with patients. Ignite session presented at the ACBS conference virtually.

Cordova, M., Unger, R., Eickleberry, L.L., & **Purdy, C.** (2020, June). Adolescents under pressure: ACT Now. Ignite session presented at the ACBS conference virtually.

Eickleberry, L.L., & **Purdy, C.** (June 2019). *Acceptance and Commitment Therapy: A Model for Therapist Self-Care in the Workplace*. Ignite Session presented at the ACBS Conference. Dublin, Ireland.

Eickleberry, L.L., Doro, C.T., Unger, R., Simler, A., **Purdy, C.**, & Abu-Suwa, H. *A integrated treatment planning model for the simultaneous treatment of complex patients with multiple comorbidities*. Poster presented at the 2019 ACBS Conference. Dublin, Ireland.

REFERENCES

Available upon request.