

## CURRICULUM VITAE

**Lindsay L. Craig, Ph.D.**

**Post-Doctoral Resident**

CV Prepared: July 2024

Institute for Life Renovation, LLC  
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### TRAINING AND EDUCATION

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#### **Doctor of Philosophy (PhD), Clinical Psychology**

(August 2018 – July 2024)

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL. American Psychological Association accredited doctoral program in clinical psychology

*Dissertation title:* “Self-Compassion in Collegiate Athletes: Exploring Its Role in Coping, Alleviating Psychological Distress, and Enhancing Psychological Skills Related to Sport”

#### **Master of Science (MS), Clinical Psychology**

(August 2018 – September 2020)

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL. American Psychological Association accredited doctoral program in clinical psychology

#### **Bachelor of Science (BS), Psychology (Honors in Major)**

(August 2014 – May 2018)

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL  
Minors: Studio Art and Applied Behavior Analysis

#### **Study Abroad**

(June 2016 – July 2016)

East and Central European Studies, Faculty of Arts, Charles University, Prague, Czech Republic

### CURRENT EMPLOYMENT

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#### **Post-Doctoral Resident**

*Institute for Life Renovation, LLC, Fort Lauderdale, FL*

(August 2024 – Present)

Supervisor: Lori Eickleberry, Ph.D., ABPP

The Institute for Life Renovation, LLC (ILR) is a JACHO accredited Intensive Outpatient Program that provides personalized intervention for patients with complex needs. Treatment planning is based on an in-depth clinical interview and prescribed psychological testing along with a team consultation to provide a multidisciplinary intervention. Services include individual, group, and family psychotherapy, medication management, career assessment/counseling, dietitian services, art therapy and yoga. ILR houses a fully adherent comprehensive DBT program, complete with 24-hour coaching and ongoing DBT team consultation.

### **Post-Doctoral Resident**

*Motivational Institute for Behavioral Health, LLC, Fort Lauderdale, FL*

(August 2024 – Present)

Supervisor: Lori Eickleberry, Ph.D., ABPP

The Motivational Institute for Behavioral Health, LLC provides behavioral medicine as well as psychological and psychoeducational services. Services include individual, couples, family, and group psychotherapy and psychological evaluations. Responsibilities include providing psychotherapy to individuals, couples, and families.

## CLINICAL TRAINING

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### **Pre-doctoral Psychology Intern**

Athletics Rotation

*Georgia Southern University Counseling Center, Statesboro, GA*

(August 2023 – July 2024)

Supervisors: Mark Taracuk, Ph.D. & Jodi Caldwell, Ph.D.

- Provided individual counseling sessions for a diverse caseload of clients, addressing a wide range of mental health concerns and developmental issues.
- Conducted crisis intervention and provided immediate support to clients experiencing acute distress or emergencies.
- Provided clinical supervision to master's level and doctoral-level students, offering guidance, feedback, and support in their clinical work.
- Assisted in the coordination and execution of outreach and prevention programs to promote mental health awareness on campus.
- Provision of direct mental health counseling services to student-athletes.

### **Psychology Trainee**

*The Renfrew Center for Eating Disorders, Coconut Creek, FL*

(August 2021 – April 2022)

Supervisors: Alissa Baum, Psy.D. & Dana Friend, Psy.D.

- Provided group therapy and individual therapy to women with eating disorders, trauma-related disorders, chemical dependency/abuse, mood disorders, anxiety-related disorders, and personality disorders.
- Collaborated closely and consulted with interdisciplinary staff including, psychiatrists, nutritionists, and nurse practitioners to appropriately coordinate patient care.
- Conducted milieu therapy with clients during mealtimes and throughout day.

**Psychology Trainee***School-Related Psychological Assessments and Clinical Interventions (SPACI)**Nova Southeastern Psychological Services Clinic, Fort Lauderdale, FL*

(September 2020 – December 2021)

Supervisors: Melissa Koniver, Psy.D. &amp; Shannon Worton, Psy.D.

- Administered, scored, and reported full test batteries of comprehensive psychoeducational evaluations for school-related academic, behavioral, developmental, and learning problems.
- Assessment batteries included measures of intelligence, academic achievement, cognitive functioning, memory, attention, personality, executive functioning, visual-motor processing, reading comprehension and fluency, and emotional functioning.
- Created and implemented personalized treatment plans, and provided treatment, progress evaluations, and follow-up for children with behavioral and learning difficulties.

**Psychology Trainee***Anxiety Treatment Clinic**Nova Southeastern Psychological Services Clinic, Fort Lauderdale, FL*

(August 2019 – August 2020) Supervisor: Kayla Thayer, Ph.D., ABPP

- Conducted intake interviews consisting of a comprehensive clinical interview, mental status exam, and population-specific measures.
- Utilized evidence-based treatment approaches including, Cognitive Behavioral Therapy (CBT) for individuals diagnosed with anxiety disorders, as well as Exposure Response Prevention (ERP) for clients with Obsessive-Compulsive Disorder (OCD).

**Applied Behavior Analysis Undergraduate Practicum Student***Mailman Segal Center, Fort Lauderdale, FL*

(January 2018 – May 2018)

Supervisor: Heather Barsalona, BCBA

- Worked directly with children and parents in early intervention program class designed to serve children 18-36 months of age exhibiting delays in language and social skills.
- Employed special educational strategies or techniques during instruction to improve the development of sensory- and perceptual-motor skills, language, cognition, or memory.
- Taught socially acceptable behavior, employing techniques such as behavior modification or positive reinforcement.

**CLINICAL WORK EXPERIENCE****Mental Health Coordinator***Miami Springs Senior High– Contracted by Creative Solutions In Home Health, Miami, FL*

(August 2022 – May 2023)

- Provided in-school counseling and mental health services to students referred by teachers and administration.
- Collaborated with school administration, teachers, parents, and other mental health professionals to provide ongoing support of student's social, emotional, and mental well-being in order to maximize student success.

### **Therapist & Psychometrist**

*Weston Psychological Associates & The Alma Center, Weston, FL*

(April 2022 – September 2022)

Supervisor: Rick Harris, Psy.D.

- Delivered therapy, for a mixed caseload including adults, adolescents, and children with a variety of presenting concerns including depression and mood disorders, anxiety-related disorders, trauma-related disorders, feeding or eating disorders, and neurodevelopmental disorders.
- Developed treatment plans to establish goals and objectives for client treatment.
- Provided diagnostic assessments and full psychological evaluations for children and adults.
- Facilitated non-judgmental, supportive group therapy sessions for women with eating disorders at The Alma Center.

### **Treatment Specialist**

*State of Wisconsin, Department of Health Services, Central Wisconsin Center, Madison, WI*

(May 2017 – August 2017)

Supervisor: Matt Welch, Ed.S.

- Worked directly with clinicians to implement specialized programs for children and individuals with developmental, emotional, and intellectual disabilities.
- Assisted in the training of caregivers on the implementation of behavior plans and data collection.
- Recorded client information on graphs, accurately indicating the progress and success of behavior intervention plan.
- Conducted functional analyses and preference assessments in order to develop succinct intervention plans.

## **OTHER WORK EXPERIENCE**

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### **Graduate Assistant of the Office of Academic Affairs**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL

(August 2018 – November 2020)

- Provided clerical assistance such as answering phones, filing, sorting mail, making copies, and sending out letters and packages.
- Provided case management through scheduling appointments with students and following up collect information as needed.
- Provided support for programming initiatives of the office.
- Assisted with College of Psychology graduate interview days.

## **RESEARCH EXPERIENCE**

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### **Social and Clinical Psychology Lab**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL

(September 2022 – June 2023)

Advisor: Paula Brochu, Ph.D.

- Member of research lab conducting research in the following areas: weight bias, food insecurity, outness, social media, mindfulness, diabetes stigma, social norms, internalized heterosexism, acculturation, stigma resistance, authenticity, and meritocracy beliefs.
- Participating in meetings to discuss members current research projects, dissertations, and critically examine literature.

### **Sport Psychology Research Coordinator**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL  
(September 2018 – August 2020)

Advisor: Robert Seifer, Ph.D.

- Coordinated research team, creating IRB submissions, data entry, data coding, data management, preparation of presentations for conferences.
- Served as a mentor for other students within sports psychology.
- Organized monthly meetings and promoted collaboration of student research.

### **Undergraduate Research Assistant**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL  
(September 2015 – August 2018)

Advisor: Jonathan Banks, Ph.D.

- Collection of data, data entry, data coding, data management, and preparation of presentations for conferences.
- Worked with research team to recode a large data set for secondary analyses.
- Managed undergraduate research team for a study examining the impact of a brief mindfulness meditation intervention on mind wandering.

### **PUBLICATIONS**

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Edmonds, W. A., **Craig, L. L.**, Christopher, R., Kennedy, T. D., Mann, D. (2021). Adolescent Athletes and Suicide: A Model for Treatment and Prevention. *Aggression and Violent Behavior*.

Banks, J. B., Jha, A. P., Hood, A. V., Goller, H. G., & **Craig, L. L.** (2019). Reducing the TUTs that hurt: the impact of a brief mindfulness induction on emotionally valenced mind wandering. *Journal of Cognitive Psychology*, 31(8), 785–799.

### **ORAL PRESENTATIONS**

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**Craig, L.L.** (January 2024) *Self-Compassion: A Resource for Enhancing College Students' Well-Being and Practitioner Resilience*. Continuing Education presented at 31<sup>st</sup> Annual Georgia College Counseling Conference St. Simons Island, GA

### **POSTER PRESENTATIONS**

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**Craig, L.L.**, Thayer, K.K., Banks J.B., (February 2024). *Self-Compassion: A Construct for Fostering Psychological Skills Related to Sports Performance in Collegiate Athletes*. The 5<sup>th</sup> Annual

Society of Sports Neuroscience Conference at Nova Southeastern University, Fort Lauderdale, FL.

**Craig, L.L.**, Thayer, K.K., Banks J.B., (February 2024). *Cultivating Resilience: Self Compassion as a Resource to Reduce Psychological Distress in Collegiate Athletes*. Poster Presented at Society for Clinical Psychology Conference, Atlanta, GA.

**Craig, L.L.**, Seifer, R., Stripling, A.M., Lewis, J.E. (August 2019). *Not immune to anxiety or depression: The prevalence of depression and anxiety in student-athletes*. Poster presented at American Psychological Association Convention, Chicago, IL.

Mamane, N.N., **Craig, L.L.**, Stripling, A.M., Toole, J.T. (August 2019). *Predictors of subjective and objective memory in older adults*. Poster presented at American Psychological Association Convention, Chicago, IL.

**Craig, L.**, Goller, H.G., Holtzman, A.S., Zacka, E., Hood, A.V.B., & Banks, J.B. (November 2018) Does valence really matter: Examining the causes and consequences of emotionally valenced mind wandering. Poster presented at Psychonomics, New Orleans, LA.

**Craig, L.**, Thompson, B., Holtzman, A. S., & Banks, J. B. (April, 2018). Are some thoughts “stickier” than others? Examining emotionally valenced mind wandering. Poster presented at Nova Southeastern’s Undergraduate Student Symposium, Fort Lauderdale, FL.

Holtzman, A. S., **Craig, L.**, Zacka, E., & Banks, J. B. (April, 2018). Disengaging the wandering mind: Examining the role of emotional valence Poster presented at Life Sciences of South Florida, Miami, FL.

**Craig, L.**, Zacka, E., Boltson, A.& Banks, J. B. (April, 2017). Changing Your Thoughts: The impact of a brief mindfulness training. Poster presented at Life Sciences of South Florida, West Palm Beach, FL.

Zacka, E., **Craig, L.**, Banks, J. B. (April 2017). Stress, cognitive functioning, mind wandering, and mindfulness: A latent variable examination. Poster presented at Nova Southeastern’s Undergraduate Student Symposium, Fort Lauderdale, FL.

## TEACHING EXPERIENCE

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### **Graduate Teaching Assistant**

College of Psychology, Graduate & Professional Programs, Nova Southeastern University, Fort Lauderdale, FL. (Fall 2022)

Course: PSY 1501 Assessment in Intelligence Testing

- Provided students with valuable feedback on administrations of WAIS-IV and WISC-IV.
- Met with students to discuss questions regarding administration, scoring, and interpretation.

**Graduate Teaching Assistant**

College of Psychology, Graduate & Professional Programs, Nova Southeastern University, Fort Lauderdale, FL. (Fall 2021)

Course: PSY 0784 Cognitive Assessment: Theory, Research and Practice with Lab.

Professor: Shannon Worton, Psy.D.

- Trained students how to administer, score, and interpret results of cognitive assessments with a special emphasis placed on developing assessment skills that can be generalized to other measures.

**Pre-Practicum Facilitator**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL

(January 2021 to May 2021)

- Provided feedback and collaborated with students to monitor Pre-Practicum progress.
- Facilitated Pre-Practicum sessions, where students provided therapy to a paid actor.
- Discussed various clinical skills and demonstrated application of these skills (e.g., conducting a risk assessment, using reflection, diagnostic interviewing, etc.).

**Undergraduate Teaching Assistant**

College of Psychology, Department of Psychology and Neuroscience, Nova Southeastern University, Fort Lauderdale, FL. (Fall 2018) Course: 1020 Introduction to Psychology.

Professor: Jonathan Banks, Ph.D.

- Assisted in weekly class preparations, grading exams, term papers, and guest speaking.

**PROFESSIONAL LEADERSHIP & SERVICE TO PROFESSION****Professional Development Coordinator**

*Society of Clinical Psychology (APA Division 12 Section 10), Clinical Psychology Graduate Students and Early Career Psychologists*

(January 2022 – Present)

- Programs and organizes professional development webinars and continuing education workshops for graduate students and early career psychologists.
- Actively engaged in collaboration across sections of Division 12.

**Organized & Moderated Webinars**

- *After Apps: Scheduling, Interviewing, and Ranking Predoctoral Internship Sites*
  - Speaker: Mitch Prinstein, Ph.D., ABPP (November 2023)
- *Elevate Your Application: Succeeding in the Internship Application Process*
  - Speaker: Paul Ingram, Ph.D. (October 2023)
- *Preparing for the EPPP*
  - Speakers: Andrea Wieckowski, Ph.D., Antoine Lebeaut, M.A., Jared Boot-Haury, M.A. (March 2023)
- *Navigating Post-Doc Offers*
  - Speakers: Avelina Padin, Ph.D., Ilyana Mehrtens, Ph.D., Kayla Thayer, Ph.D., ABPP (February 2023)

- *Internship Application Next Steps: Scheduling, Interviewing, and Ranking*
  - Speaker: Paul Ingram, Ph.D. (November 2022)
- *Successfully Applying to Predoctoral Internship*
  - Speaker: Mitch Prinstein, Ph.D., ABPP (October 2022)
- *Preparing for the EPPP*
  - Speaker: Emil Rodolfa, Ph.D. (February 2022)

#### Organized & Moderated Panel at Professional Conference

- *Mastering the Interview Application Process*
  - Speakers: Shona Vas, Ph.D., Laura Grande, Ph.D., & Lauren Bradley, Ph.D.  
American Psychological Association Annual Conference, Minneapolis, MN (August 2022)

#### Organized Continuing Education

- *The New World Professional Association for Transgender Health (WPATH) Standards: What Psychologists Need to Know*
  - Speaker: Lisa Griffin, Ph.D. (June 2023)
- *World Professional Association for Transgender Health (WPATH) Standards of Care: Role of the Mental Health Provider*
  - Speaker: Lisa Griffin, Ph.D. (June 2022)
- *Re-envisioning Work-Life Integration and Wellness: Perspectives on Work-Life Balance*  
Speaker:
  - Sheila Boamah, Ph.D. (May 2022)

#### **Psi Chi Graduate Liaison**

Nova Southeastern University Chapter, Fort Lauderdale, FL  
(August 2018 – May 2020)

- Organized “Getting into Graduate School” presentation two years in a row.
- Served as a mentor to undergraduate students.

#### **Psi Chi Student President**

Nova Southeastern University Chapter, Fort Lauderdale, FL  
(August 2017 – May 2018)

- Led membership by defining and pursuing the goals and objectives of the chapter.
- Delegated responsibilities to other officers and members so that all members were involved in committees and/or activities.
- Organized Annual Psi Chi Induction Ceremony.

#### PROFESSIONAL ASSOCIATION MEMBERSHIPS

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**Alpha Chi Honor Society** (2017 – Present)

**Association for Psychological Sciences** (2017 – 2018)

**American Psychological Association (APA)** (2017 – Present)

APA Division 12, Society of Clinical Psychology (2021 – Present)

Section 10, Graduate Students and Early Career Psychologist Member



APA Division 29, Society for the Advancement of Psychotherapy (2021 – 2023)

**Psi Chi Honor Society** (2016 – Present)

## HONORS & AWARDS

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**Outstanding Student of the Year**, Nova Southeastern University College of Psychology, (2018)

**Senior Address Speaker at Athletic Awards Ceremony & Reception**, (2018)

**Dean's List**, Undergraduate, (2015 – 2018)

**CSCAA Scholar All-American Honorable Mention**, (2017 & 2018)

**Athletic Directors Award**, (2015 – 2018)

**Dual Admission**, Nova Southeastern University (2014 – 2018)

**Honors in Major**, Undergraduate, Nova Southeastern University, (2014 – 2018)

**Presidents Academic Full-Tuition Scholarship**, Nova Southeastern University, (2014 – 2018)

**Razor's Edge Leadership Scholarship**, (2014 – 2018)

**NCAA Division II Swimming Athletic Scholarship**, (2014 – 2018)

## PROFESSIONAL TRAININGS

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**QPR Gatekeeper Trainer Certification Course**, QPR Institute (January 2024)

**Transcranial Magnetic Stimulation Clinical Training Program**, NeuroStar Advanced Therapy for Mental Health (May 2022)

**Telehealth Best Practices 101 Series**, American Psychological Association (August 2020)

**Counseling on Access to Lethal Means (CALM)**, Suicide Prevention Resource Center, (August 2020)

**Trauma-Informed Care, Part 2: Providing Trauma-Informed Care**, Association of Social Work Boards Approved Continuing Education, (August 2020)

**Trauma-Informed Care, Part 1: The Case for Trauma-Informed Care**, Association of Social Work Boards Approved Continuing Education, (August 2020)

**Columbia Suicide Severity Rating Scale Online Training Course**, Medical University of South Carolina, (August 2019)

**Prolonged Exposure for PTSD Online Training Course**, Medical University of South Carolina, (August 2019)

**Cognitive Processing Therapy for PTSD Online Training Course**, Research Foundation for Mental Hygiene, (August 2019)

**2-Day Mindful Self-Compassion Core Skills Workshop**, Miami, FL, (November 2018)

## REFERENCES (UPON REQUEST)

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