# Imuentiyan Igbinosun, PsyD DrImuentiyan@renovationoflife.com

# **Educational Experience**

**Adler University** 

## Chicago, Illinois

2019-2022

Doctoral student in Clinical Psychology, APA Accredited Program, Military Emphasis

Dissertation Defended, May 2022

Illinois School of Professional Psychology (ISPP) at Argosy University, Chicago Chicago, Illinois September 2016-March 2019\*

Doctoral student in Clinical Psychology, APA Accredited Program Master of Arts in Clinical Psychology, APA Accredited Program

**July 2018** 

\*University closed March 2019

Indiana State University, Terre Haute, Indiana

May 2016

October 2022-Present

Bachelor of Science in Psychology

# **Clinical Training Experience**

Fort Lauderdale, FL

Institute for Life Renovation, LLC Motivational Institute for Behavioral Health, LLC

A private practice that provides intensive outpatient therapy services as well as individual and group therapy, with a collaborative, multi-disciplinary staff.

## Postdoctoral-Psychology Resident

- Providing long-term/short-term services through individual and group therapy with adults
- Dialectic Behavior Therapy (DBT) certified training with Marsha Linehan and Behavioral Tech
- Engaging in consultation with an intensive Dialectical Behavior Therapy (DBT) consultation team
- Developing digital marketing through social media platforms

Florida International

Chicago, IL

August 2021-August 2022

University (FIU)-Counseling & Psychological Services (CAPS)

A college counseling center that provides mental health services to students and the FIU community.

## Pre-Doctoral Therapy Clinical Psychology Internship

 Participated in long-term and short-term counseling through individual therapy with students

- Co-facilitated processing and skills-based support groups open to students of FIU
- Administered the following instruments as part of psychological testing: OCI-R, GAD-7, ASRS-v1.1, PHQ-9, BTA
- Engaged in outreach to the FIU community that includes tabling, classroom presentations, and workshops
- Conducted access/triage consultation appointments for crisis intervention and provide case management support to clients using a stepped care model approach
- Diagnosed and assessed clients' psychological needs

# Lakeview Center for Psychotherapy

Chicago, IL

July 2019-July 2020

A private practice providing innovative, thoughtful, and compassionate psychotherapy

## **Doctoral Therapy Clinical Psychology Practicum**

- Participated in long-term counseling through individual and group therapy with adults in lower and middle socioeconomic statuses
- Trained in Dialectic Behavior Therapy (DBT) and skills
- Observed and participated in Dialectic Behavior Therapy groups while supervised by certified DBT therapist
- Received 96 hours of weekly individual supervision by a Licensed Clinical Psychologist and Licensed Clinical Social Work (LCSW) and 25 hours of weekly group supervision lead by a Licensed Clinical Psychologist

## Kennedy King College Wellness Center

Chicago, IL

**August 2018-July 2019** 

A wellness center that provides mental health and psycho-social support services to college students, faculty, and staff to promote holistic well-being and academic success

## **Doctoral Diagnostic Clinical Psychology Practicum**

- Gained eclectic training in working with clients of varied presentations and from diverse backgrounds
- Participated in all aspects of service delivery such as diagnostic testing, diagnostic feedback, crisis de-escalation, short and long-term counseling, and community outreach
- Administered the following instruments as part of psychological testing: ASRS-v1.1, BAI, BDI-2, CTMT, Drawings, GSCT, HTP, MMPI-2, MPHI, PAI, Rotter, Rorschach, Sentence Competition, SIRS-2, TAT, WAIS-IV, WRAT, WURS
- Facilitated orientation and trained incoming externs on the center's protocols, note taking, wellness center's clinic database for scheduling, and diagnostic/therapeutic tools and assessment skills
- Received 36 hours of weekly individual supervision from a Licensed Clinical Psychologist and 30 hours of weekly group supervision from a Licensed Clinical Psychologist

**Harold Washington College** 

Chicago, IL

**August 2017-May 2018** 

#### **Wellness Center**

A wellness center that provides mental health and psycho-social support services to college students, faculty, and staff to promote holistic well-being and academic success

# **MA Clinical Psychology Practicum**

- Gained training in multiple interventions while working with clients who had a varied presentation and from diverse backgrounds
- Participated in all aspects of service delivery such as crisis, short and long-term counseling, case management, and community outreach
- Established and led an open forum/group for dialogue around suicide prevention and awareness.
- Facilitated a Woman of Color support group open to all female identified students and faculty members
- Facilitated a Veterans' support group for all veteran students and faculty
- Received 26 hours of weekly individual supervision from a Licensed Clinical Social Worker (LCSW) and 97.5 hours of weekly group supervision from a Licensed Clinical Psychologist and Licensed Clinical Social Worker

## **ADDITIONAL EXPERIENCE**

**Family Services Association** 

**Terre Haute, IN** 

**January 2016-May 2016** 

A counseling center that improves the lives of individuals and families by providing affordable, quality counseling and education

## **Undergraduate Internship-Deputy Director Assistant**

- Observed and participated in Group therapy while supervised by licensed therapists
- Researched and reached out to victims who may have been domestically abused by email and phone
- Filed and organized consumer personal information

# Indiana State University-Normal Hall Terre Haute, IN December 2015-May 2016

#### **UC Peer Mentor**

- Mentored students who were on probation
- Listened and gave life tips on dealing with situations that can affect student academics. Met with 15 students weekly for sessions on academic and life progress or issues
- Attended and modeled weekly University 101 classes for students that were on probation

Hamilton Center Terre Haute, IN July 2015-October 2015

Needs and strengths were assessed and utilized to develop a person-centered treatment plan through behavioral health services for adults, children, adolescents, and families.

#### **Residential Technician**

- Billed and updated consumer's personal information using the Hamilton Center Intranet
- Faxed consumers' information to hospitals and group homes when consumers were transferred
- Analyzed consumers' progress with coping skills and specific mental disorders
- Logged consumers' (on-site) behavioral scenes and events
- Monitored all phones calls between the consumers and the outside community
- Aided in group therapy weekly

# **Research Experience**

# **Doctoral Dissertation, Adler University**

**October 2021-May 2022** 

<u>Title</u>: African American Women's Perceptual Recommendations for Workplace Microaggressions & Microinvalidations

- Conducted interviews and coded recordings from participants who have experience microaggressions
- Analyzed data, recorded conclusions and implications from data

# Chicago Gun Violence Research Collaborative Fellowship Program

**January 2020-May 2020** 

- Conducted interviews and coded recordings from community leaders within neighborhoods of Chicago that have been impacted by gun violence
- Collaborated with Dr. Noam Ostrander at DePaul University, and fellow students

## **Earth and Pollution Study** (*Publication*)

**January 2015-May 2015** 

- Title: Sustainability Measured by Variables of Failure and Success: An Exploratory Qualitative Study
- Collaborated with faculty member, Dr. Eric Anderson at Indiana State University, and with fellow students

#### **Teaching Assistant Experience**

# Illinois School of Professional Psychology, Argosy University Chicago Chicago, IL August 2017-December 2018

#### **Teacher Assistant**

*PP7320 Human Health and Dysfunction 1* – **Fall 2017, Fall 2018** 

- Assisted with grading papers/exams
- Led lectures and facilitated exam reviews for students
- Provided examples of cases related to lecture topics

PP7080 Personal and Professional Development – Fall 2017-Spring 2018

• Assisted in facilitating a Here and Now group

• Provided feedback on students' weekly reflection papers

# B6026 Marketing Planning and Strategy - Spring 2017

- Assisted in facilitating a group discussion
- Administered class assignments

# L7432 Professional Development in Leadership – Fall 2017

- Assisted in facilitating a group discussion
- Administered class assignments

# Graduate Assistant-Business and Management Department October 2016-March 2019

- Proof read Institutional Review Board(IRB) proposals to ensure the proper and appropriate level of sufficient information of the study before submission
- Organized and analyzed needed courses for upcoming semesters
- Aided in organizing events, seminars, and bulletin boards

## CONFERENCE ATTENDANCE AND PRESENTATIONS

Association for Psychoanalysis Culture and Society Conference –

- Paper Presenter
- Title: Creativity: Grey Space and Transformation in Trauma Work- *Needs During* the *In-Between*
- Collaborated with faculty member, Dr. Christian Antonucci at Illinois School of Professional Psychology, Argosy University Chicago, and with a fellow student

The American Counseling Association Conference (ACA)-

**April 2018** 

October 2018

# Additional Training/Certification

#### **Online Training/ Certificates**

The Impact of Deployment and Combat Stress on Families and Children, Part I & Part II

Families and Deployment/ Enhancing Resilience

**March 2019** 

#### **FERPA Basics Training**

• FERPA compliance, protection of student privacy and confidentiality while handling student records during the performance of daily duties

August 2021

#### FIU Clery Act Basics

reporting of criminal activity, Clery act policies and programs and emergencies timely warnings and missing students
 August 2021

# FIU Annual Cybersecurity Awareness

identification and prevention of lost sensitive data and protection of existing resources
 August 2021

Kognito-At Risk for Faculty and Staff

awareness, knowledge and skills about mental health and suicide prevention, preparing faculty and staff to help support students exhibiting signs of psychological distress, talk about concerns and if necessary, connect with support services.

August 2021

### Safe Zone Advocate Training

• an initiative to learn about LGBTQIA+ identities, genders and sexualities, and examine prejudice, assumptions, and privilege. **September 2021** 

## **Community Involvement/Professional Development**

# Wellness Committee at Counseling and Psychological Services(CAPS) of FIU

**August 2021-Present** 

• to help build a sustainable wellness culture od CAPS in which we work towards a healthy lifestyle and work environment

## Racial Equity Project and Diversity and Inclusivity Process Spaces

**August-November 2021** 

 integrated racial equity and justice work and objectives in all job descriptions and performance evaluations as directly related to service of students and collaborative support among staff

# The National Center of Excellence for Veterans and Their Families at Rush, Chicago January 2020

The Road Home Program

• Observed groups that included topics of mental injury and adjustment

# Adler's Association of Black Psychologists Student Circle (ABpsi)

December 2018-March 2019

Position – ISPP campus Liaison

Association for Psychological Science

November 2018-Present

**Position** – Student Membership

Black Student Association (BSA) – Argosy University Position- President

**January 2018- March 2019** 

Position- President

American Foundation for Suicide Prevention (AFSP) Chicago, IL

September 2017

Out of the Darkness Suicide Prevention and Awareness Walk

• Partnered with Phi Gamma Sigma of Argosy University, Chicago to fundraise and participated in the walk

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